

Parish of Our Lady of the Annunciation - King's Lynn

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Field Lane, Gaywood,
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Saturday, 16th May 2020.

Good morning,

Wishing you a lovely Saturday.

The Mass readings for today are:

A reading from the **Acts of the Apostles 16:1-10**

“They travelled through Phrygia and the Galatian country, having been told **by the Holy Spirit** not to preach the word in Asia”

A reading from the **holy Gospel according to John 15:18-21**

“But it will be on my account that they will do all this, because they **do not know** the one who sent me”

From the Walk with me booklet for today:

St Paul listened to the Holy Spirit. He attuned his ear and heart to hearing the Spirit's voice. Whether the Spirit said ‘Go there,’ ‘Come here’ or ‘Avoid there,’ he responded obediently. **How do we hear the Spirit today?** We can learn how to still our minds so we can hear God's word.

We need to be open to the movement of the Holy Spirit within so that we can be sensitive to the Spirit's leading and prompting. Discerning the will of God is an important task. ‘What is the next step God wants me to take?’ In this discernment, prayer is so important. So, too, is the listening ear of a good friend or guide.

Lord, give me a disciple's ear to listen to your word, and a heart of love to obey.

From <https://www.sacredspace.ie/scripture/john-1518-21>

Jesus grieves that the world does not know his Father who sent him to bring the good news of his endless love for us all. **But whenever we pray our awareness of this love grows imperceptibly deeper.** You can notice this only by reflection over a period of time. When you do notice that you have grown at least a little in love, thank God for it.

I was looking at a book by Pope Francis last evening called Happiness in This Life — A Passionate Meditation on Material Existence and the Meaning of Life.

In the chapter named 'Beyond Tears and Loneliness there was a paragraph provided called God Joins in with our daily struggles:

God himself is the one who takes the initiative and chooses to place himself, as he did with Mary, in our houses, in our daily struggles, filled with anxieties and also with desires. And it is precisely within our cities, our schools and universities, the squares and hospitals, that the most beautiful announcement we can hear is delivered: 'Rejoice, the Lord is with you.' A joy that generates hope, that makes itself flesh in the way we look at tomorrow, in the attitude with which we look at other people. A joy that becomes solidarity, hospitality, mercy towards everyone.

With my love, thoughts and prayers,

Shaun

Deacon Shaun Morrison

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