

## Parish of Our Lady of the Annunciation - King's Lynn

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# Deacon Shaun's Bulletin

## Sunday 18th October 2020-29th Sunday in Ordinary Time

Dear Friends, Good morning to you.

I trust you are well and having a good weekend.

Today is the 29th Sunday in Ordinary Time.

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Details of the Live Streaming of Sunday Mass for you:

**From Our Lady's, London Road, King's Lynn**

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

**11.30am Sunday 18th October**

The YouTube link is

<https://youtu.be/UvufRDE76Ho>

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Mass readings are daily uploaded on the parish website:

<http://www.catholicparish-kingslynn.org.uk/>

The parish newsletter for the week can also be found on the website.

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### **Words for an act of spiritual communion.**

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

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**This week is the 29th week of the Year and Psalter Week 1 for the Divine Office.**

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Yesterday (17th Oct) was the memorial of **St. Ignatius of Antioch, Bishop and Martyr.**

He was the second bishop of Antioch after St Peter (the first being Evodius). He was arrested (some writers believe that he must have been denounced by a fellow-Christian), condemned to death, and transported to Rome to be thrown to the wild beasts in the arena. In one of his letters he describes the soldiers who were escorting him as being like "ten leopards, who when they are kindly treated only behave worse."

In the course of his journey he wrote seven letters to various churches, in which he dealt wisely and deeply with Christ, the organisation of the Church, and the Christian life. They are important documents for the early history of the Church, and they also reveal a deeply holy man who accepts his fate and begs the Christians in Rome not to try to deprive him of the crown of martyrdom.

He was martyred in 107 and his feast was already being celebrated on this day in fourth-century Antioch.

(Source: <https://universalis.com/europe.english.eastanglia/today.htm>)

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If today had not been a Sunday, it would have been the **Feast day of St. Luke, Evangelist.**

Born of a pagan family and converted to the true faith, he was the companion of the apostle Paul and wrote his Gospel in accordance with the apostle's preaching. He also wrote the account of the early days of the Church, up to the time of Paul's first sojourn in Rome, in the book called *The Acts of the Apostles*.

(Source: The Divine Office)

St. Luke is the Patron of Healthcare.

We pray for all Healthcare workers that they may be blessed and strengthened in their service of looking after all who come under their care.

In the book *Four Gospels, One Jesus* -in the chapter about St. Luke, there is a passage which I wanted to share with you:

The keynote for Luke's portrait of Jesus is set in his initial visit to the synagogue at Nazareth (4.16-30). Luke's story is three times longer than the equivalent accounts which occur much later in Matthew and Mark. (Mk. 6.1-6; Matt. 13.54-58). It is the crucial curtain-raiser for the rest of Jesus' ministry. Luke shows Jesus fulfilling Isaiah's prophecy, anointed by the Spirit to preach the good news to the poor and release to the captives, blind and oppressed (4.18-21), instead of 'Repent, the Kingdom of God is at hand' (Mk 1.15; Matt. 4.17). For Luke, Jesus is the ox, **the bearer of burdens for the poor and all in need.**

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Today is World Mission Sunday.

<https://missio.org.uk/what-is-world-mission-sunday/>

World Mission Sunday is on the penultimate Sunday in October each year. It's the one Sunday in the year when the entire global Church comes together to support mission.

In his message for World Mission Sunday, His Holiness Pope Francis said:

In this year marked by the suffering and challenges created by the Covid-19 pandemic, the missionary journey of the whole Church continues in light of the words found in the account of the calling of the prophet Isaiah: "Here am I, send me" (6:8). This is the ever new response to the Lord's question:

"Whom shall I send?" (ibid.). This invitation from God's merciful heart challenges both the Church and humanity as a whole in the current world crisis. "Like the disciples in the Gospel we were caught off guard by an unexpected, turbulent storm. We have realized that we are on

the same boat, all of us fragile and disoriented, but at the same time important and needed, all of us called to row together, each of us in need of comforting the other. On this boat... are all of us. Just like those disciples, who spoke anxiously with one voice, saying 'We are perishing' (v. 38), so we too have realized that we cannot go on thinking of ourselves, but only together can we do this" (Meditation in Saint Peter's Square, 27 March 2020). We are indeed frightened, disoriented and afraid. Pain and death make us experience our human frailty, but at the same time remind us of our deep desire for life and liberation from evil. In this context, the call to mission, the invitation to step out of ourselves for love of God and neighbour presents itself as an opportunity for sharing, service and intercessory prayer. The mission that God entrusts to each one of us leads us from fear and introspection to a renewed realization that we find ourselves precisely when we give ourselves to others.

You can read the full message by following this link:

<https://missio.org.uk/wp-content/uploads/2020/09/WMS2020-PopesMessage.pdf>

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We keep in our prayers our Lithuanian friends as children today make their First Holy Communion at Our Lady's. Such a joyous day for them and Congratulations.

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Please keep in your prayers the staff and seminarians from Womersley Seminary as it was announced on Friday that Womersley will be closing at the end of this academic year.

The announcement has now been reported in the Catholic press. A link to the Tablet report: <https://www.thetablet.co.uk/news/13485/with-great-sadness-trustees-decide-womersley-must-close->

Please pray for vocations to the Priesthood, the diaconate and the religious life.

<https://www.rcdea.org.uk/vocations/>

<http://www.ukvocation.org/>

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I wish you a lovely Sunday.

With my love, thoughts and prayers,

God bless

Shaun

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