

## Parish of Our Lady of the Annunciation - King's Lynn

Church of Our Lady of the Annunciation  
London Road,  
King's Lynn. PE30 5HQ

The Catholic Rectory,  
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Holy Family Church  
Field Lane, Gaywood,  
King's Lynn. PE30 4AY

Saturday, 28th March 2020.

# Keeping in touch for the Fifth Sunday of Lent

Dear All

I hope you are well, maintaining your self-isolation and / or social distancing, and keeping occupied.

I am sending this to my Parish e-mailing list AND to my Ordinariate Group e-mailing list so that you all get the material for tomorrow's re-dedication of England as Dowry of Mary.

I also hope that many of you were able to join our Holy Father, Francis, in St Peter's Square last night for the Urbi et Orbi, and prayers for the current situation. It was a very striking sight to see Pope Francis giving that address in the middle of a rain lashed empty square where normally there are huge crowds, and the Liturgy for the time of exposition of the Blessed Sacrament was beautiful, truly achieving noble simplicity.



Tomorrow is the fifth Sunday of Lent. Traditionally statues and crucifixes in Church are veiled from this Sunday and stay that way for the remainder of Lent. Fr Peter is making sure that there is no drop in standards in Our Lady's Church and my picture for today (above) shows the Sanctuary this afternoon prepared for tomorrow.

Tomorrow is the day designated for the re-dedication of England as Our Lady's Dowry. Be assured the re-dedication prayers will be used in Our Lady's Church. So that you can pray the re-dedication prayers yourselves, or perhaps follow them if you watch Mass on-line from either Walsingham or the Cathedral, I attach a copy.

Those of you with a concern about "Mary's Kitchen" will be pleased to know that Fr Peter and I succeeded in running a take-away, socially-distanced session today. A trip had to be made to Booker's cash and carry yesterday to get take-away cups and lids to fit them but the only soup available was cup-a-soups. A parishioner gave me a present of a large packet of bacon a few week's ago that was bigger than I could ever use myself which had been resting in the freezer, so today's offering was soup and bacon rolls. Things were a bit slow to get going today, but by 2pm we had fed 14 people with a total of 22 bacon rolls. As always they were very polite with

us and one client specifically thanked us for running the service in current conditions.

Thank you to those who have responded to my suggestion that setting up a standing order for giving to Church might be a good thing to do, and thank you also to those who have been dropping enveloped through the presbytery door or other wise responding. You know who you are and we are grateful to you. Also, more than a week after we had to close the doors to public worship it is a cheering sight to see votives and a number of 7 day lights burning in the Holy House. The intention which you have sent us is named as the light is lit.

Now - for my next madcap idea! Have any of you come across the idea of "Living Rosary Groups"? The way they work is that in groups of 20 people, each member has their own rota of which mystery to pray on a particular day. By each member praying their decade as allocated for each day, the group together prays the entire Rosary every day! In these days of necessary dispersal we might adopt the idea the "the Parish that prays together, stays together". Any takers - if 20 or more say they want to try it, we'll try to get it going to help give us a shared prayer life even though physically apart.

A reminder that if any of you know of parishioners who live near to you but who do not use e-mail or the internet, please print off a copy of this and put it through their doors.

Keep safe and keep well. May Our Lady pray for you and God bless you.

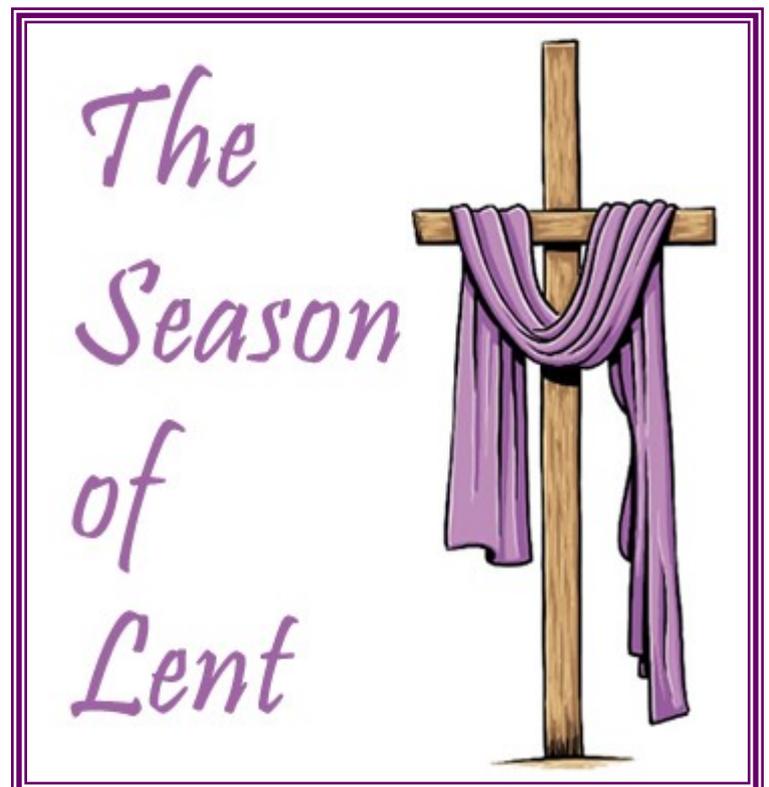
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## Saturday Fourth week of Lent-With attachments

Good morning all,

Tomorrow will be a remarkable day because of the Re-dedication of England as the Dowry of Mary.



In preparation, perhaps today we could spend some time reciting the Rosary, praying the Joyful mysteries, for Our Lady of Walsingham's intentions for England her Dowry.

The Joyful mysteries are:

- 1 - The Annunciation (Luke 1:26–38)
- 2 - The Visitation (Luke 1:39-56)
- 3 - The Nativity (Luke 2:1-14)
- 4 - The Presentation (Luke 2: 22-40)
- 5 - The Finding in the Temple (Luke 2: 41-52)

You may find the attached documents helpful on the rosary.

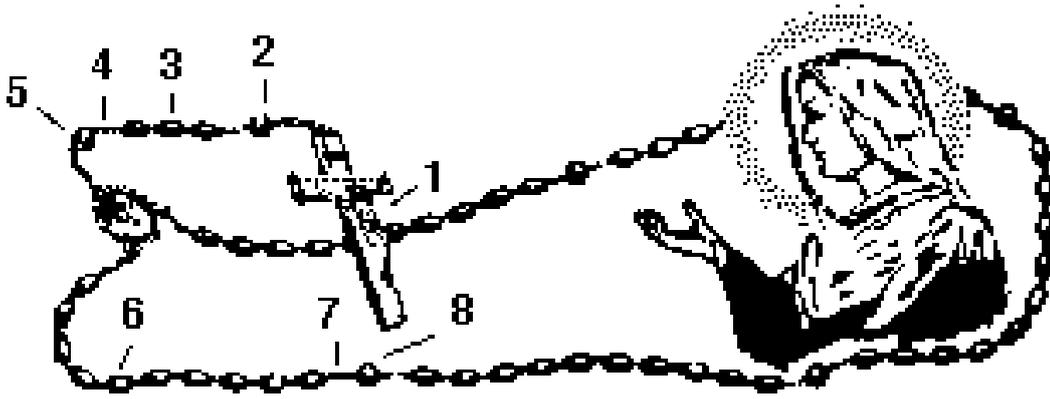
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In preparation for the re-dedication of England as the Dowry of Mary, you may wish to look at the following link to the Walsingham page about the re-dedication:

<https://www.walsingham.org.uk/rededication/>

God bless Shaun

# How to say the Rosary



1. Make the Sign of the Cross and say the “Apostles’ Creed”
2. Say the “Our Father”
3. Say three “Hail Marys” for Faith, Hope, and Charity
4. Say the “Glory Be”
5. Announce the First Mystery and then say the “Our Father”
6. Say ten “Hail Marys” while meditating on the Mystery
7. Say the “Glory Be” (*Optional: Say the “O My Jesus” prayer requested by Mary at Fatima*)
8. Announce the Next Mystery; then say the “Our Father” and repeat these steps (6 through 8 as you continue through the remaining Mysteries.
9. Say the closing prayers: the “Hail Holy Queen” and “Final Prayer”

Make the “Sign of the Cross”

# How to say the Rosary Prayers

## Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## Apostles' Creed

I believe in God, the Father almighty creator of heaven and earth and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into heaven and is seated at the right hand of God, the Father almighty. He will come again in glory to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

## Our Father

Our Father, who art in heaven hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

## Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, And blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, Pray for us sinners, Now and at the hour of our death. Amen.

## Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## Oh My Jesus

O my Jesus, forgive us of our sins. Save us from the fires of hell. Lead all souls into heaven, especially those in most need of thy mercy. Amen.

## Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our Life, our Sweetness, and our hope. To thee we cry, poor banished children of Eve. To thee we send up our sighs, mourning and weeping in this vale of tears. Turn then most gracious advocate, Thine eyes of mercy toward us, and after this, our exile, show unto us, the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God, That we may be made worthy of the promises of Christ. Amen.

## Final Prayer

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.