

## Parish of Our Lady of the Annunciation - King's Lynn

Church of Our Lady of the Annunciation  
London Road,  
King's Lynn. PE30 5HQ

The Catholic Rectory,  
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Holy Family Church  
Field Lane, Gaywood,  
King's Lynn. PE30 4AY

**Sunday, 31st May 2020.**

Dear Friends,

Today we have the joy of celebrating Pentecost Sunday, and I wish you a happy Pentecost sending you my love, thoughts and prayers.

*“The same Holy Spirit who came down upon the disciples descends on us too. The Holy Spirit is our Counsellor, Friend and Advocate”*



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**The Entrance Antiphon** for Mass today is:

*The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.*

The readings at Mass are:

1<sup>st</sup> Reading - A reading from the Acts of the Apostles 2:1-11

Responsorial Psalm: *Send forth your Spirit, O Lord, and renew the face of the earth.*

2<sup>nd</sup> Reading - A reading from the first letter of St Paul to the Corinthians 12:3-7, 12-13

Pentecost Sequence

A Reading from the holy Gospel according to John 20:19-23

The readings were sent to you last evening and also are published on the parish website.

<http://www.catholicparish-kingslynn.org.uk/>

Attached for you are the Hymns for the live stream at Mass at 11.30am.

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The second reading from the Office of readings for today:

**A reading from the treatise of St Irenaeus against the Heresies.**

*The sending of the Holy Spirit.*

When the Lord told his disciples to go and teach all nations and baptize them in the name of the Father and of the Son and of the Holy Spirit, he conferred on them the power of giving men new life in God. He had promised through the prophets that in these last days he would pour out his Spirit on his servants and handmaids, and that they would prophesy. So when the Son of God became the Son of Man, the Spirit also descended upon him, becoming accustomed in this way to dwelling with the human race, to living in men and to inhabiting

God's creation. The Spirit accomplished the Father's will in men who had grown old in sin, and gave them new life in Christ. Luke says that the Spirit came down on the disciples at Pentecost, after the Lord's ascension, with power to open the gates of life to all nations and to make known to them the new covenant. So it was that men of every language joined in singing one song of praise to God, and scattered tribes, restored to unity by the Spirit, were offered to the Father as the first-fruits of all the nations. This was why the Lord had promised to send the Advocate: he was to prepare us as an offering to God. Like dry flour, which cannot become one lump of dough, one loaf of bread, without moisture, we who are many could not become one in Christ Jesus without the water that comes down from heaven. And like parched ground, which yields no harvest unless it receives moisture, we who were once like a waterless tree could never have lived and borne fruit without this abundant rainfall from above. Through the baptism that liberates us from change and decay we have become one in body; through the Spirit we have become one in soul. The Spirit of wisdom and understanding, the Spirit of counsel and strength, the Spirit of knowledge and the fear of God came down upon the Lord, and the Lord in turn gave this Spirit to his Church, sending the Advocate from heaven into all the world into which, according to his own words, the devil too had been cast down like lightning. If we are not to be scorched and made unfruitful, we need the dew of God. Since we have our accuser, we need an advocate as well. And so the Lord in his pity for man, who had fallen into the hands of brigands, having himself bound up his wounds and left for his care two coins bearing the royal image, entrusted him to the Holy Spirit. Now, through the Spirit, the image and inscription of the Father and the Son have been given to us, and it is our duty to use the coin committed to our charge and make it yield a rich profit for the Lord.

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### **The act of spiritual communion.**

**My Jesus, I believe that You are present in the Most Holy Sacrament.**

**I love You above all things, and I desire to receive You into my soul.**

**Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.**

**I embrace You as if You were already there and unite myself wholly to You.**

**Never permit me to be separated from You.**

**Amen.**

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Live Streaming of Sunday Mass:

**from Our Lady's, London Road, King's Lynn at 11.30am**

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

**11.30am:** the Youtube link is:

<https://youtu.be/dFgWbxd7b1Q>

**from The Cathedral of St. John the Baptist at 10.00am**

<http://www.sjbcathedral.org.uk/>

The Youtube link is:

<https://youtu.be/NFMW8Rw1dPY>

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**from Catholic National Shrine and Basilica of Our Lady-Walsingham**

<https://www.walsingham.org.uk/live-stream/>

Morning timetable:

08:30 Morning Prayer

09:30 Morning Holy Mass

10:30 Pause for Faith: What happens when you can't touch.

11:05 Rosary

12:00 Holy Mass

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**from Westminster Cathedral at 10.30am**

<https://www.churchservices.tv/westminster>

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**From the Walk with Me-A Eastertide journey of prayer booklet:**

Pentecost, the coming of the Holy Spirit, wasn't exactly a quiet affair-far from it. There was the blowing of a mighty wind, there were tongues of fire, there were people speaking many different languages. So lively were things that bystanders thought they were all drunk, and it was only nine o' clock in the morning! With the Holy Spirit we can expect change, we can expect things to be shaken up. We can see fear replaced with courage; timidity with boldness; confusion, with conviction; a 'can't do' replaced with a 'can do' attitude. With the Holy Spirit, we get a revolution of love. With the Holy Spirit, expect to be astonished and amazed and count on life never being the same again.

Lord God, we thank and praise your name for the gift of the Holy Spirit, through whom we have received abundant grace and blessing.

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**From the Sunday Missal for today:**

*The Holy Spirit is first and foremost a Creator Spirit, hence Pentecost is also a feast of creation. For us Christians, the world is the fruit of an act of love by God who has made all things and in which he rejoices because it is "good", it is "very good" as the creation narrative tell us (cf. Gn 1:1-31). Consequently God is not totally Other, unnameable and obscure. God reveals himself, he has a face. God is reason, God is will, God is love, God is beauty. Faith in the Creator Spirit and faith in the spirit whom the Risen Christ gave to the Apostles and gives to each one of us are therefore inseparably united. The Gospel passage offers us a marvellous image to clarify the connection between Jesus, the Holy Spirit and the Father: the Holy Spirit is portrayed as the breath of the Risen Jesus Christ. Here the Evangelist John takes up an image of the creation narrative, where it says that God breathed into the nostrils of man the breath of life (cf. Gn 2:7). The breath of God is life. Now, the Lord breathes into our soul the new breath of life, the Holy Spirit, his most intimate essence, and in this way welcomes us into God's family. With Baptism and Confirmation this gift was given to us specifically, and with the sacraments of the Eucharist and Penance it is continuously repeated: the Lord breathes a breath of life into our soul.*

(Pope Benedict XVI)

Bishop Alan has recorded a message for Pentecost which can be watched on YouTube by clicking into the following link:

<https://youtu.be/X59TCKsoQjw>

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**This afternoon for the National Rosary Rally:**

*from The Cathedral of St. John the Baptist at 2.00pm*

<http://www.sjbcathedral.org.uk/>

The Youtube link is:

<https://youtu.be/ygyuW95Zcc>

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*from Our Lady's, London Road, King's Lynn at 2.30pm*

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

The youtube link is:

<https://youtu.be/7s4BhAUG2ZU>

Rosary followed by Vespers.

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*from Our Lady of the Assumption, Warwick Street at 4.00pm*

(The Ordinariate of Our Lady of Walsingham)

The youtube link is:

[https://www.youtube.com/channel/UC2TgFkFPL1u\\_EY-u\\_Y5LYUQ/featured](https://www.youtube.com/channel/UC2TgFkFPL1u_EY-u_Y5LYUQ/featured)

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The homily from Cardinal Vincent Nichols for today has been published and here is his words for you:

Given on Pentecost Sunday, 31st May 2020, at Westminster Cathedral

Life has been so strange for these last ten weeks. There has never been a time quite like it, difficult yet gifted. For, in fact, these weeks have been full of the gifts of the Holy Spirit, whose coming on the group of the first disciples of the Lord we celebrate today. We thank God for the giving of the gifts of the Holy Spirit, then and now.

A few days ago, I had one of these 'virtual meetings' with all the men who are in preparation for service as priests in our parishes. There were over 20 of them, many now part of a 'household of a presbytery' where they help out in the ministry of the priests. Their stories were full of the presence of the Holy Spirit. They spoke of their joy and encouragement in being able to share in the life of the priests, who had welcomed them so warmly into their homes. Such gracious hospitality, a touch of the Holy Spirit. They spoke of finding that prayer was at the heart of each day and that these weeks were giving them time to grow closer to the Lord. Such prayer is the gift of the Holy Spirit who shows us how to pray when our hearts know not what to do. This gift is there for all of us. We just have to ask and open our hearts. They spoke not only of their own prayer but of all the ways in which they have been drawn

into sharing prayer with others, over the internet, over the telephone, in rosary circles, in Scripture reflection.

Many of you are doing this. Yes, it is the Holy Spirit who urges us to reach out to others and share with them the joy and consolation we find in the Lord's presence. We are just like those first disciples: we need this encouragement, this gift, in order to overcome our reticence and speak openly with others, with care and respect, of the greatness of our faith. There is no time like the present for doing that!

The seminarians spoke too of sharing in the awful sadnesses of this time: being present at gravesides with such a small group of people bidding farewell to a loved one, feeling the painful breaking of bonds that death entails, without the comfort of wider family and friends.

The great work of the Holy Spirit is, of course, to bring about the astonishing miracle of the Mass. Through the power of the Holy Spirit the bread and wine which we bring to the altar becomes the Body and Blood of the Lord, our nourishment for the journey of life. How hard it is to be away from this Eucharist Communion. How much we need to rely on the same Holy Spirit to bring the presence of the Lord into our hearts through a spiritual communion. The Holy Spirit can do that. No confines, walls or rules can limit the gracious working of the Holy Spirit whose gifts are to be found in so many places.

Today we think of the group of disciples, with Mary, waiting, as they were bidden, in the Upper Room. The doors were closed. Jesus came and breathed upon them and said 'Receive the Holy Spirit'. Then they were empowered, fired by that gift which is also described as being 'like tongues of flame'. Flinging open the doors, out they came, ready at last for their mission. We, too, are waiting to open these doors, the doors of our churches. The waiting has been hard but we have accepted the Government's decision to close our churches because the protection of life required it. But this week's announcements by the Prime Minister that some indoor sales premises can open tomorrow and that most shops can open on 15th June, questions directly the reasons why our churches remain closed.

We are told that these openings, which are to be carefully managed, are based on the need to encourage key activities to start up again. Why are churches excluded from this decision?

The importance of faith to so many people is clear. The role of faith in our society has been made even clearer in these last weeks: as a motivation for the selfless care of the sick and dying; as providing crucial comfort in bereavement; as a source of immense and effective provision for those in sharp and pressing need; as underpinning a vision of the dignity of every person, a dignity that has to be at the heart of the rebuilding of our society. The opening of our churches, even if just for individual prayer, helps to nurture this vital contribution to our common good. Opening churches must be done safely. That is so important. We are confident that we can do so. We have developed expert guidance. We are ready to follow the Government's guidelines as soon as they are finalised. What is the risk to a person who sits quietly in a church which is being thoroughly cleaned, properly supervised and in which social distancing is maintained?

The benefits of being able to access places of prayer is profound, on individual and family stability and, significantly, on their willingness to help others in their need. It is now time to move to the phased opening of our churches.

Thankfully the mission of the Church, inspired by the Holy Spirit, knows no boundaries. We see this every day. I am confident that the experience of this 'lock down' is teaching us many new ways of sharing faith, of explaining faith, of putting faith into practice. Thank you all, so

much, for the witness you are giving.

In speaking today of the gifts given by the Holy Spirit, Pope Francis says this:

*'Dear friends, we are called to share the comfort of the Spirit, the closeness of God we have received. How do we do this? Everything we would like others to do for us let us do to them instead. Do we want to be heard? Let us first listen. Do we need encouragement? Let us give encouragement. Do we want someone to care for us? Let us care for those who are alone and abandoned. Do we need hope for tomorrow? Let us give hope today. Let us, then, become messengers of the comfort bestowed by the Spirit.'* (Message of Pope Francis for Thy Kingdom Come) *Today we remember: the Holy Spirit is the fire that keeps us going; the water of the immensity of God's life within us; the dove of his peace after disaster; the wisdom that shows us right from wrong; the creative spirit who makes a work of art of our lives, the wind that will urge us on to our heavenly home - if we will let him do so!*

Holy Spirit of God:

Thou of all consolers best  
Thou the soul's delightful guest  
Dost refreshing peace bestow.  
Give us comfort when we die  
Give us life with thee on high  
Give us joy that never ends. Amen

[Pentecost Sunday 2020 - Diocese of Westminster](#)

Best wishes and prayers from Fr Peter, Fr Gordon, Deacon John and Deacon Martin.

God bless,

Shaun

**Deacon Shaun Morrison**

**07880 600094**

# Parish of Our Lady of the Annunciation, King's Lynn

## Pentecost Sunday Hymns

### ENTRANCE CHANT

Veni sancte Spiritus



### SEQUENCE FOR PENTECOST

Veni, Sancte Spiritus

### OFFERTORY HYMN

Come down, O love divine,  
seek thou this soul of mine,  
and visit it with thine own ardour glowing;  
O comforter, draw near, within my heart appear,  
and kindle it, thy holy flame bestowing.

O let it freely burn,  
till earthly passions turn  
to dust and ashes in its heat consuming;  
and let thy glorious light shine ever on my sight,  
and clothe me round, the while my path illuming.

Let holy charity  
mine outward vesture be,  
and lowliness become mine inner clothing.  
True lowliness of heart, which takes the humbler part,  
and o'er its own shortcomings weeps with loathing.

And so the yearning strong,  
with which the soul will long,  
shall far outpass the power of human telling,  
for none shall guess its grace,  
till he become the place  
wherein the Holy Spirit makes his dwelling.



## HYMN AFTER COMMUNION

Breathe on me, breath of God,  
fill me with life anew,  
that I may love what thou dost love  
and do what thou wouldst do.

Breathe on me, breath of God  
until my heart is pure:  
until with thee I will one will,  
to do and to endure.

Breathe on me, breath of God,  
till I am wholly thine,  
until this earthly part of me  
glows with thy fire divine.

Breathe on me, breath of God,  
so shall I never die,  
but live with thee the perfect life  
of thine eternity.

## ANTIPHON AFTER DISMISSAL

VI

**R** E-gína cæ-li \* lætá-re, alle-lú-ia: Qui- a quem me-  
ru- ísti portá-re, alle-lú-ia: Re-surré-xit, sic-ut di-xit,  
alle-lú-ia: O-ra pro no-bis De- um, alle-lú- ia.



Parish of Our Lady of the Annunciation  
King's Lynn  
Norfolk

Mass Readings for

**P E N T E C O S T**

Comprising of :

*The readings for the extended-form Vigil Mass  
on the evening before the feast.*

*The readings for the simple-form Vigil Mass  
on the evening before the feast.*

*The readings for the day of the feast itself.*

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**Sunday, 31st May 2020.**

## PENTECOST

*These readings are for the extended-form Vigil Mass on the evening before the feast.*

### First reading - Genesis 11:1-9

#### The tower of Babel

Throughout the earth men spoke the same language, with the same vocabulary. Now as they moved eastwards they found a plain in the land of Shinar where they settled. They said to one another, 'Come, let us make bricks and bake them in the fire.' (For stone they used bricks, and for mortar they used bitumen). 'Come,' they said 'let us build ourselves a town and a tower with its top reaching heaven. Let us make a name for ourselves, so that we may not be scattered about the whole earth.'

Now the Lord came down to see the town and the tower that the sons of man had built. 'So they are all a single people with a single language!' said the Lord. 'This is but the start of their undertakings! There will be nothing too hard for them to do. Come, let us go down and confuse their language on the spot so that they can no longer understand one another.' The Lord scattered them thence over the whole face of the earth, and they stopped building the town. It was named Babel therefore, because there the Lord confused the language of the whole earth. It was from there that the Lord scattered them over the whole face of the earth.

*The Word of the Lord.*

### Psalm - Psalm 32(33):10-15

*Happy the people the Lord has chosen as his own.*

He frustrates the designs of the nations,  
he defeats the plans of the peoples.

His own designs shall stand for ever,  
the plans of his heart from age to age.

*Happy the people the Lord has chosen as his own.*

They are happy, whose God is the Lord,  
the people he has chosen as his own.

From the heavens the Lord looks forth,  
he sees all the children of men.

*Happy the people the Lord has chosen as his own.*

From the place where he dwells he gazes  
on all the dwellers on the earth;  
he who shapes the hearts of them all;  
and considers all their deeds.

*Happy the people the Lord has chosen as his own.*

## **Second reading - Exodus 19:3-8, 16-20**

### **Moses led the people out of the camp to meet God**

Moses went up to God, and the Lord called to him from the mountain, saying, ‘Say this to the House of Jacob, declare this to the sons of Israel:

“‘You yourselves have seen what I did with the Egyptians, how I carried you on eagle’s wings and brought you to myself. From this you know that now, if you obey my voice and hold fast to my covenant, you of all the nations shall be my very own, for all the earth is mine. I will count you a kingdom of priests, a consecrated nation.’”

‘Those are the words you are to speak to the sons of Israel.’

So Moses went and summoned the elders of the people, putting before them all that the Lord had bidden him. Then all the people answered as one, ‘All that the Lord has said, we will do.’

Now at daybreak on the third day there were peals of thunder on the mountain and lightning flashes, a dense cloud, and a loud trumpet blast, and inside the camp all the people trembled. Then Moses led the people out of the camp to meet God; and they stood at the bottom of the mountain. The mountain of Sinai was entirely wrapped in smoke, because the Lord had descended on it in the form of fire. Like smoke from a furnace the smoke went up, and the whole mountain shook violently. Louder and louder grew the sound of the trumpet. Moses spoke, and God answered him with peals of thunder. The Lord came down on the mountain of Sinai, on the mountain top, and the Lord called Moses to the top of the mountain.

*The Word of the Lord.*

### **Canticle - Daniel 3:52-56**

*To you glory and praise for evermore.*

You are blest, Lord God of our fathers.

*To you glory and praise for evermore.*

Blest your glorious holy name.

*To you glory and praise for evermore.*

You are blest in the temple of your glory.

*To you glory and praise for evermore.*

You are blest on the throne of your kingdom.

*To you glory and praise for evermore.*

You are blest who gaze into the depths.

*To you glory and praise for evermore.*

You are blest in the firmament of heaven.

*To you glory and praise for evermore.*

## **Third reading - Ezekiel 37:1-14**

### **A vision of Israel's death and resurrection**

The hand of the Lord was laid on me, and he carried me away by the spirit of the Lord and set me down in the middle of a valley, a valley full of bones. He made me walk up and down among them. There were vast quantities of these bones on the ground the whole length of the

valley; and they were quite dried up. He said to me, ‘Son of man, can these bones live?’ I said, ‘You know, Lord.’ He said, ‘Prophecy over these bones. Say, “Dry bones, hear the word of the Lord. The Lord says this to these bones: I am now going to make the breath enter you, and you will live. I shall put sinews on you, I shall make flesh grow on you, I shall cover you with skin and give you breath, and you will live; and you will learn that I am the Lord.”’ I prophesied as I had been ordered. While I was prophesying, there was a noise, a sound of clattering; and the bones joined together. I looked, and saw that they were covered with sinews; flesh was growing on them and skin was covering them, but there was no breath in them. He said to me, ‘Prophecy to the breath; prophecy, son of man. Say to the breath, “The Lord says this: Come from the four winds, breath; breathe on these dead; let them live!”’ I prophesied as he had ordered me, and the breath entered them; they came to life again and stood up on their feet, a great, an immense army.

Then he said, ‘Son of man, these bones are the whole House of Israel. They keep saying, “Our bones are dried up, our hope has gone; we are as good as dead.” So prophecy. Say to them, “The Lord says this: I am now going to open your graves; I mean to raise you from your graves, my people, and lead you back to the soil of Israel. And you will know that I am the Lord, when I open your graves and raise you from your graves, my people. And I shall put my spirit in you, and you will live, and I shall resettle you on your own soil; and you will know that I, the Lord, have said and done this – it is the Lord who speaks.”’

*The Word of the Lord.*

## **Psalm - Psalm 106(107):2-9**

***O give thanks to the Lord for he is good, for his love has no end.***

Let them say this, the Lord’s redeemed,  
whom he redeemed from the hand of the foe  
and gathered from far-off lands,  
from east and west, north and south.

***O give thanks to the Lord for he is good, for his love has no end.***

Some wandered in the desert, in the wilderness,  
finding no way to a city they could dwell in.  
Hungry they were and thirsty;  
their soul was fainting within them.

***O give thanks to the Lord for he is good, for his love has no end.***

Then they cried to the Lord in their need  
and he rescued them from their distress  
and he led them along the right way,  
to reach a city they could dwell in.

***O give thanks to the Lord for he is good, for his love has no end.***

Let them thank the Lord for his love,  
for the wonders he does for men:  
for he satisfies the thirsty soul;  
he fills the hungry with good things.

***O give thanks to the Lord for he is good, for his love has no end.***

## **Fourth reading - Joel 3:1-5**

### **I will pour out my spirit on all mankind**

Thus says the Lord:

‘I will pour out my spirit on all mankind.

Your sons and daughters shall prophesy,

your old men shall dream dreams,

and your young men see visions.

Even on the slaves, men and women,

will I pour out my spirit in those days.

I will display portents in heaven and on earth,

blood and fire and columns of smoke.’

The sun will be turned into darkness,

and the moon into blood,

before the day of the Lord dawns,

that great and terrible day.

All who call on the name of the Lord will be saved,

for on Mount Zion there will be some who have escaped,

as the Lord has said,

and in Jerusalem some survivors whom the Lord will call.

*The Word of the Lord.*

## **Psalm - Psalm 103(104):1-2, 24, 27-30, 35**

***Send forth your spirit, O Lord, and renew the face of the earth.***

Bless the Lord, my soul!

Lord God, how great you are,

clothed in majesty and glory,

wrapped in light as in a robe!

***Send forth your spirit, O Lord, and renew the face of the earth.***

How many are your works, O Lord!

In wisdom you have made them all.

The earth is full of your riches.

Bless the Lord, my soul.

***Send forth your spirit, O Lord, and renew the face of the earth.***

All of these look to you

to give them their food in due season.

You give it, they gather it up:

you open your hand, they have their fill.

***Send forth your spirit, O Lord, and renew the face of the earth.***

You take back your spirit, they die,

returning to the dust from which they came.

You send forth your spirit, they are created;

and you renew the face of the earth.

***Send forth your spirit, O Lord, and renew the face of the earth.***

## **Fifth reading - Romans 8:22-27**

### **The Spirit himself expresses our plea in a way that could never be put into words**

From the beginning till now the entire creation, as we know, has been groaning in one great act of giving birth; and not only creation, but all of us who possess the first-fruits of the Spirit, we too groan inwardly as we wait for our bodies to be set free. For we must be content to hope that we shall be saved – our salvation is not in sight, we should not have to be hoping for it if it were – but, as I say, we must hope to be saved since we are not saved yet – it is something we must wait for with patience.

The Spirit too comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

*The Word of the Lord.*

### **Gospel Acclamation**

Alleluia, alleluia!

Come, Holy Spirit, fill the hearts of the faithful  
and kindle in them the fire of your love.

Alleluia!

### **Gospel - John 7 :37-39**

**'If any man is thirsty, let him come to me!'**

On the last day and greatest day of the festival, Jesus stood there and cried out:

'If any man is thirsty, let him come to me!

Let the man come and drink who believes in me!'

As scripture says: *From his breast shall flow fountains of living water.*

He was speaking of the Spirit which those who believed in him were to receive; for there was no Spirit as yet because Jesus had not yet been glorified.

*The Gospel of the Lord.*

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## PENTECOST

*These readings are for the simple-form Vigil Mass on the evening before the feast.*

### First reading - Genesis 11:1-9

#### The tower of Babel

Throughout the earth men spoke the same language, with the same vocabulary. Now as they moved eastwards they found a plain in the land of Shinar where they settled. They said to one another, 'Come, let us make bricks and bake them in the fire.' (For stone they used bricks, and for mortar they used bitumen). 'Come,' they said 'let us build ourselves a town and a tower with its top reaching heaven. Let us make a name for ourselves, so that we may not be scattered about the whole earth.'

Now the Lord came down to see the town and the tower that the sons of man had built. 'So they are all a single people with a single language!' said the Lord. 'This is but the start of their undertakings! There will be nothing too hard for them to do. Come, let us go down and confuse their language on the spot so that they can no longer understand one another.' The Lord scattered them thence over the whole face of the earth, and they stopped building the town. It was named Babel therefore, because there the Lord confused the language of the whole earth. It was from there that the Lord scattered them over the whole face of the earth.

*The Word of the Lord.*

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Lord God, how great you are,  
clothed in majesty and glory,  
wrapped in light as in a robe!

*Send forth your spirit, O Lord, and renew the face of the earth.*

How many are your works, O Lord!

In wisdom you have made them all.

The earth is full of your riches.

Bless the Lord, my soul.

*Send forth your spirit, O Lord, and renew the face of the earth.*

All of these look to you

to give them their food in due season.

You give it, they gather it up:

you open your hand, they have their fill.

*Send forth your spirit, O Lord, and renew the face of the earth.*

You take back your spirit, they die,  
returning to the dust from which they came.  
You send forth your spirit, they are created;  
and you renew the face of the earth.

*Send forth your spirit, O Lord, and renew the face of the earth.*

## **Second reading - Romans 8:22-27**

### **The Spirit himself expresses our plea in a way that could never be put into words**

From the beginning till now the entire creation, as we know, has been groaning in one great act of giving birth; and not only creation, but all of us who possess the first-fruits of the Spirit, we too groan inwardly as we wait for our bodies to be set free. For we must be content to hope that we shall be saved – our salvation is not in sight, we should not have to be hoping for it if it were – but, as I say, we must hope to be saved since we are not saved yet – it is something we must wait for with patience.

The Spirit too comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

*The Word of the Lord.*

## **Gospel Acclamation**

Alleluia, alleluia!

Come, Holy Spirit, fill the hearts of the faithful  
and kindle in them the fire of your love.

Alleluia!

## **Gospel - John 7 :37-39**

**'If any man is thirsty, let him come to me!'**

On the last day and greatest day of the festival, Jesus stood there and cried out:

'If any man is thirsty, let him come to me!

Let the man come and drink who believes in me!'

As scripture says: *From his breast shall flow fountains of living water.*

He was speaking of the Spirit which those who believed in him were to receive; for there was no Spirit as yet because Jesus had not yet been glorified.

*The Gospel of the Lord.*

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## Parish of Our Lady of the Annunciation - King's Lynn

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King's Lynn. PE30 5HQ

The Catholic Rectory,  
North Everard Street,  
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Holy Family Church  
Field Lane, Gaywood,  
King's Lynn. PE30 4AY

**Sunday, 31st May 2020.**

## PENTECOST

*These readings are for the day of the feast itself:*

### **First reading - Acts 2:1-11**

#### **They were all filled with the Holy Spirit and began to speak**

When Pentecost day came round, they had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

*The Word of the Lord.*

### **Responsorial Psalm - Psalm 103(104):1-2, 24, 27-30, 35**

*Send forth your spirit, O Lord, and renew the face of the earth.*

Bless the Lord, my soul!

Lord God, how great you are,  
clothed in majesty and glory,  
wrapped in light as in a robe!

*Send forth your spirit, O Lord, and renew the face of the earth.*

How many are your works, O Lord!

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to give them their food in due season.

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You take back your spirit, they die,  
returning to the dust from which they came.  
You send forth your spirit, they are created;  
and you renew the face of the earth.

*Send forth your spirit, O Lord, and renew the face of the earth.*

## **Second reading - Corinthians 12:3-7, 12-13**

### **In the one Spirit we were all baptised**

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit.

There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose.

Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

*The Word of the Lord.*

## **Sequence**

### **Veni, sancte Spiritus**

Holy Spirit, Lord of Light,  
From the clear celestial height  
Thy pure beaming radiance give.  
Come, thou Father of the poor,  
Come with treasures which endure  
Come, thou light of all that live!  
Thou, of all consolers best,  
Thou, the soul's delightful guest,  
Dost refreshing peace bestow  
Thou in toil art comfort sweet  
Pleasant coolness in the heat  
Solace in the midst of woe.  
Light immortal, light divine,  
Visit thou these hearts of thine,  
And our inmost being fill:  
If thou take thy grace away,  
Nothing pure in man will stay  
All his good is turned to ill.  
Heal our wounds, our strength renew  
On our dryness pour thy dew  
Wash the stains of guilt away:  
Bend the stubborn heart and will  
Melt the frozen, warm the chill  
Guide the steps that go astray.  
Thou, on us who evermore

Thee confess and thee adore,  
With thy sevenfold gifts descend:  
Give us comfort when we die  
Give us life with thee on high  
Give us joys that never end.

## **Gospel Acclamation**

Alleluia, alleluia!  
Come, Holy Spirit, fill the hearts of your faithful  
and kindle in them the fire of your love.  
Alleluia!

## **Gospel - John 20:19-23**

### **As the Father sent me, so am I sending you: receive the Holy Spirit**

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.

'As the Father sent me,  
so am I sending you.'

After saying this he breathed on them and said:

'Receive the Holy Spirit.

For those whose sins you forgive,  
they are forgiven;  
for those whose sins you retain,  
they are retained.'

*The Gospel of the Lord.*

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