

Parish of Our Lady of the Annunciation - King's Lynn

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Field Lane, Gaywood,
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Sunday, 14th June 2020.

Deacon Shaun's Bulletin

The Solemnity of the Most Holy Body and Blood of Christ. (Corpus Christi)

Dear Friends,

I trust you are well.

Today we have the joy of celebrating Corpus Christi and I wish you a happy Sunday sending you my love, thoughts and prayers.

A reminder that BBC Radio 4 Sunday Worship will broadcast Mass celebrated by the Cardinal at Westminster Cathedral this morning at 8.10 am.

The Entrance Antiphon for Mass today is:

He fed them with the finest wheat and satisfied them with honey and from the rock.

The readings at Mass are:

1st Reading-A reading from the book of Deuteronomy 8:2-3, 14-16

Responsorial Psalm: O Praise the Lord, Jerusalem!

2nd Reading-A reading from the first letter of St Paul to the Corinthians 10: 16-17

A Reading from the holy Gospel according to John 6:51-58

The readings are attached for you plus published on the parish website.

<http://www.catholicparish-kingslynn.org.uk/>

The act of spiritual communion.

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

Live Streaming of Sunday Mass:

From Our Lady's, London Road, King's Lynn at 11.30am

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

the Youtube link is:

<https://youtu.be/JuWiFXG4eCo>

The Cathedral of St. John the Baptist at 10.00am

<http://www.sjbcathedral.org.uk/>

The Youtube link is:

https://youtu.be/W4MCi9j4_Mo

Catholic National Shrine and Basilica of Our Lady - Walsingham

<https://www.walsingham.org.uk/live-stream/>

Morning timetable:

08.00 – Morning Prayer

09.30 – Holy Mass

10.00 – Exposition of the Blessed Sacrament

10.30 – Talk – Pause for Faith

11.00 – Rosary

12.00 – Angelus and Holy Mass followed by Exposition

Westminster Cathedral at 10.30am

<https://www.churchservices.tv/westminster>

From the Sunday Missal for today:

Everything begins, one might say, from the heart of Christ who, at the Last Supper, on the eve of his passion, thanked and praised God and by so doing, with the power of his love transformed the meaning of death which he was on his way to encounter. The fact that the Sacrament of the Altar acquired the name “Eucharist” -”thanksgiving”-expresses precisely this: that changing the substance of the bread and wine into the Body and Blood of Christ is the fruit of the gift that Christ made of himself, the gift of a Love stronger than death, divine Love which raised him from the dead. This is why the Eucharist is the food of eternal life, the Bread of Life.

(Pope Benedict XVI)

Second Reading from the Office of Readings:

<https://universalis.com/europe.english.eastanglia/20200614/readings.htm>

"On the feast of Corpus Christi", by St Thomas Aquinas

O precious and wonderful banquet!

Since it was the will of God's only-begotten Son that men should share in his divinity, he assumed our nature in order that by becoming man he might make men gods. Moreover, when he took our flesh he dedicated the whole of its substance to our salvation. He offered his body to God the Father on the altar of the cross as a sacrifice for our reconciliation. He shed his

blood for our ransom and purification, so that we might be redeemed from our wretched state of bondage and cleansed from all sin. But to ensure that the memory of so great a gift would abide with us for ever, he left his body as food and his blood as drink for the faithful to consume in the form of bread and wine.

O precious and wonderful banquet, that brings us salvation and contains all sweetness! Could anything be of more intrinsic value? Under the old law it was the flesh of calves and goats that was offered, but here Christ himself, the true God, is set before us as our food. What could be more wonderful than this? No other sacrament has greater healing power; through it sins are purged away, virtues are increased, and the soul is enriched with an abundance of every spiritual gift. It is offered in the Church for the living and the dead, so that what was instituted for the salvation of all may be for the benefit of all. Yet, in the end, no one can fully express the sweetness of this sacrament, in which spiritual delight is tasted at its very source, and in which we renew the memory of that surpassing love for us which Christ revealed in his passion.

It was to impress the vastness of this love more firmly upon the hearts of the faithful that our Lord instituted this sacrament at the Last Supper. As he was on the point of leaving the world to go to the Father, after celebrating the Passover with his disciples, he left it as a perpetual memorial of his passion. It was the fulfilment of ancient figures and the greatest of all his miracles, while for those who were to experience the sorrow of his departure, it was destined to be a unique and abiding consolation.

Responsory

- ℞. See in this bread the body of Christ which hung upon the cross, and in this cup the blood which flowed from his side.* Take his body, then, and eat it; take his blood and drink it, and you will become his members.
- ℣. The body of Christ is the bond which unites you to him: eat it, or you will have no part in him. The blood is the price he paid for your redemption: drink it, lest you despair of your sinfulness.* Take his body, then, and eat it; take his blood and drink it, and you will become his members.

Unfortunately because of the current situation we will not be at Oxburgh Hall this afternoon for our annual Deanery Corpus Christi procession, like many of you I have fond memories of past years. Ron and Caroline Glazebrook have kindly sent me some photos of Corpus Christi processions that we have had in previous years which I attach for you.

(Thank you Ron and Caroline)

Best wishes and prayers from Fr Peter, Fr Gordon, Deacon John and Deacon Martin.
God bless,

Shaun

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Corpus Christi Photos from Oxburgh Hall (Various)

