

Parish of Our Lady of the Annunciation - King's Lynn

Church of Our Lady of the Annunciation
London Road,
King's Lynn. PE30 5HQ

The Catholic Rectory,
North Everard Street,
King's Lynn, Norfolk, PE30 5HQ
Tel : (01553) 772220 Email : parishpriest763@gmail.com
www.catholicparish-kingslynn.org.uk

Holy Family Church
Field Lane, Gaywood,
King's Lynn. PE30 4AY

Sunday, 26th April 2020.

Third Sunday of Easter

Dear Friends,

Today we have the joy of celebrating the Third Sunday of Easter in whatever way is possible for us.

You are all in my thoughts and prayers.

In particular we remember and pray for our first Holy Communion children, as today should have been the day for making their first Holy Communion.

In the Bidding Prayers today we will hear the following prayer during the 11.30am Mass.

That the Lord may open our eyes so that we may recognise him, truly present in the Eucharist. For our children who are preparing to receive Jesus for the first time in Holy Communion, that he may keep them safe in his loving care until that day when we can gather again to receive him. Lord, in your mercy...

It will be such a joy when the day comes when the children can make their First Holy Communion.

The Entrance Antiphon for Mass today:

Cry out with joy to God, all the earth; O sing to the glory of his name. O render him glorious praise, alleluia.

The readings at Mass are:

- 1st Reading-A reading from the Acts of the Apostles. 2:14, 22-33
- Responsorial Psalm: Show us, Lord the path of life.
- 2nd Reading-A reading from the first letter of St Peter. 1:17-21
- A Reading from the holy Gospel according to Luke. 24: 13-35

The Hymns and readings for today's Mass at 11.30am are attached for you and published on the parish website.

<http://www.catholicparish-kingslynn.org.uk/>

The Hymns are:

Entrance Hymn: *Alleluia, alleluia, Give thanks to the risen Lord.*

Offertory Hymn: *I danced in the morning when the world was begun*

Communion Hymn: *This is My Body Broken for you*

Final Hymn: *This joyful Eastertide*

To help us get our singing voices ready, you may wish to listen to a version of Alleluia, alleluia, Give thanks to the risen Lord, from you tube:

<https://youtu.be/2U1MuOCHon4>

This morning I have a message to share with you from Fr Peter:

Dear Brothers and Sisters,

As I write this I am listening to the sublime music of William Byrd, composer during the reign of Elizabeth I. On the Sunday before Lent, as is our custom in this parish, we sang the hymn “Alleluia dulce carmen” – Farewell to the Alleluia – with the lines “Alleluia, joyful mother, all thy children sing with thee; but by Babylon’s sad waters mourning exiles are we. Alleluia cannot always be our song while here below; alleluia our transgressions make us for a while forgo; for the solemn time is coming when our tears for sin must flow.” Little did we know! Like the exiles in Babylon many parishes have had to hang up their harps on the willows. No Temple, no solemn worship, an exile from all that is familiar to us. William Byrd, a closet Catholic under a repressive government, knew the pain of not being able to worship publicly. He found innovative ways to cope. He composed beautiful setting of the Mass which could be sung by three, four or five voices behind closed doors in the houses of recusant Catholics like the Bedingfelds at Oxburgh, the Pastons at Anmer and the Petres at Ingatstone. In the Creed of his Masses he repeats the words “Catholicam et Apostolicam” – Catholic and Apostolic . The Faith of the Church does not depend upon buildings;; it is rooted in the hearts of the faithful, and like our Fathers in Faith we have to worship in our own homes, mercifully without persecution. It should make us mindful of our brethren in less happier lands whose churches are burned or demolished or who are deprived of the sacraments because of a lack of priests. In our own parish, as in all throughout the land, the Holy Sacrifice of the Mass continues to be offered daily. We cannot aspire to the beauty of William Byrd but at each daily Mass the Ordinary of the Mass is sung as we do in normal times and at the Easter Vigil the Exsultet was sung and the Alleluia was solemnly intoned. I am determined that we should not cut corners and am hopeful that Deacon Shaun will add harp playing to his talents.. At the end of Mass we sing the antiphon to Our Lady, Regina Coeli – “Queen of Heaven, rejoice, for he whom you were worthy to bear has risen as he said. Pray for us to God. Alleluia!” At Oxburgh there is a lovely painting of Our Lady sheltering her children under her cloak. Let us, who have the privilege of having her restored Shrine in our Parish Church, commend ourselves to her maternal protection. Today, our children should have been making their First Holy Communion in St. Nicholas Chapel. They, too, are in exile. Pray for them.

God bless.

Fr Peter.

Live Streaming of Sunday Mass from Our Lady's, London Road, King's Lynn at 11.30am

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

11.30am: the you tube link is:

<https://youtu.be/vuvCz5KxV-E>

The Cathedral of St. John the Baptist at 10.00 am

<http://www.sjbcathedral.org.uk/>

You tube link is

https://youtu.be/_GlvVVjZ3pE

Catholic National Shrine and Basilica of Our Lady-Walsingham

<https://www.walsingham.org.uk/live-stream/>

Morning timetable:

08.30 – Morning Prayer

09.30 – Holy Mass

10.30 – Talk

11.00 – Rosary

12.00 – Angelus and Holy Mass

Followed by Adoration until 3.00pm

Westminster Cathedral at 10,30am

<https://www.churchservices.tv/westminster>

The Gospel Acclamation for today is: Lord Jesus, explain the scriptures to us. Make our hearts burn within us as you talk to us.

"Lord Jesus, explain the scriptures to us" provides us with an opportunity to spend time reading the scriptures. The God who speaks: year of the word continues and at the launch in September we heard from the organisers: "*We want to create new and renewed encounters with Christ through the Scriptures*".

Official Prayer for the Year:

Living God,
you walk alongside us and
speak to us throughout the Scriptures.
Your Son, Jesus Christ,
listens to our hopes and fears
and shows us how to live for one another.
Send us the Holy Spirit
to open our hearts and minds
so that we may be your witnesses
throughout the world AMEN.



From the Walk with Me-A Eastertide journey of prayer booklet:

We are called to be a people who treasure and **cherish the Scriptures**. In the sacred Scriptures God speaks to us in a powerful way. Pope Gregory the Great said, '**The Bible is a love letter from Almighty God to his creatures.**' Just as the Holy Spirit warmed the disciples' hearts, so too will ours burn with the flame of God's love. Reading the Bible without love in our hearts is a simply of chore. Reading the Bible with our hearts aflame opens them up in a life-changing way. We revere and venerate the Scriptures, just as we do the Eucharist, **because in the**

Scriptures we are nourished by the Word of God.

Lord, open up the Scriptures to me and warm me by the fire of your spirit.

From the Sunday Missal for today:

The Gospel of this Sunday-the Third of Easter-is the famous account of the disciples of Emmaus. The locality of Emmaus has not been identified with certainty. There are various hypotheses and this one is not without an evocativeness of its own for it allows us to think that Emmaus actually represents every place: the road that leads there is the road every Christian, every person, takes. The Risen Jesus makes himself our travelling companion as we go on our way, to rekindle the warmth of faith and hope in our hearts and to break the bread of eternal life. (Pope Benedict XVI)

Act of spiritual communion.

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

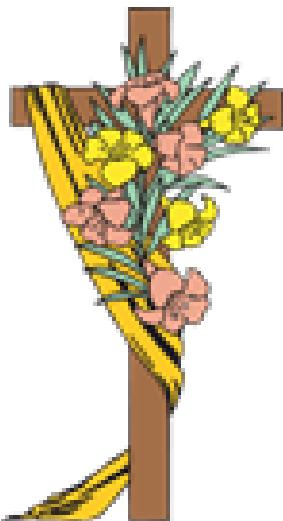
Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.



A Happy Birthday to Pauline McSherry whose birthday it is today.

I promised Pauline that I would not reveal her age but would raise a glass at some stage during the day!



I attach two photographs from yesterday. One of Sooty asking me to let her into the Wrigglesworth room and one of Queenie in her bed saying thank goodness it is Saturday evening! Just imagine if they met each other!



Fr Peter, Fr Gordon, Deacon John and Deacon Martin send their love, prayers and best wishes.

I wish you a lovely Sunday.

Love and God bless,

Shaun

Deacon Shaun Morrison

07880 600094

Parish of Our Lady of the Annunciation - King's Lynn

Church of Our Lady of the Annunciation
London Road,
King's Lynn. PE30 5HQ

The Catholic Rectory,
North Everard Street,
King's Lynn, Norfolk, PE30 5HQ
Tel : (01553) 772220 Email : parishpriest763@gmail.com
www.catholicparish-kingslynn.org.uk

Holy Family Church
Field Lane, Gaywood,
King's Lynn. PE30 4AY

Sunday, 26th April 2020.

Third Sunday of Easter - 11.30am Mass Live streamed

Entrance Hymn

*Alleluia, alleluia,
Give thanks to the risen Lord.
Alleluia, alleluia,
give praise to his name.*

1 Jesus is Lord of all the earth,
He is the King of creation.

*Alleluia, alleluia,
Give thanks to the risen Lord.
Alleluia, alleluia,
give praise to his name.*

2 Spread the good news o'er all the earth.
Jesus has died and has risen.

*Alleluia, alleluia,
Give thanks to the risen Lord.
Alleluia, alleluia,
give praise to his name.*

3 We have been crucified with Christ.
Now we shall live for ever.

*Alleluia, alleluia,
Give thanks to the risen Lord.
Alleluia, alleluia,
give praise to his name.*

4 God has proclaimed the just reward.
Life for all men, alleluia.

*Alleluia, alleluia,
Give thanks to the risen Lord.
Alleluia, alleluia,
give praise to his name.*

5 Come, let us praise the living God,
joyfully sing to our Saviour.

*Alleluia, alleluia,
Give thanks to the risen Lord.
Alleluia, alleluia,
give praise to his name.*



First reading - Acts 2:14, 22-23

God raised this man Jesus to life, and all of us are witnesses to this

On the day of Pentecost Peter stood up with the Eleven and addressed the crowd in a loud voice: ‘Men of Israel, listen to what I am going to say: Jesus the Nazarene was a man commended to you by God by the miracles and portents and signs that God worked through him when he was among you, as you all know. This man, who was put into your power by the deliberate intention and foreknowledge of God, you took and had crucified by men outside the Law. You killed him, but God raised him to life, freeing him from the pangs of Hades; for it was impossible for him to be held in its power since, as David says of him:

I saw the Lord before me always,
for with him at my right hand nothing can shake me.

So my heart was glad
and my tongue cried out with joy;
my body, too, will rest in the hope
that you will not abandon my soul to Hades
nor allow your holy one to experience corruption.

You have made known the way of life to me,
you will fill me with gladness through your presence.

‘Brothers, no one can deny that the patriarch David himself is dead and buried: his tomb is still with us. But since he was a prophet, and knew that God had sworn him an oath to make one of his descendants succeed him on the throne, what he foresaw and spoke about was the resurrection of the Christ: he is the one who was not abandoned to Hades, and whose body did not experience corruption. God raised this man Jesus to life, and all of us are witnesses to that. Now raised to the heights by God’s right hand, he has received from the Father the Holy Spirit, who was promised, and what you see and hear is the outpouring of that Spirit.’

Word of the Lord.

Responsorial Psalm - Psalm 15(16):1-2, 5, 7-11.

Show us, Lord, the path of life.

Preserve me, God, I take refuge in you.
I say to the Lord: ‘You are my God.
O Lord, it is you who are my portion and cup;
it is you yourself who are my prize.’

Show us, Lord, the path of life.

I will bless the Lord who gives me counsel,
who even at night directs my heart.
I keep the Lord ever in my sight:
since he is at my right hand, I shall stand firm.

Show us, Lord, the path of life.

And so my heart rejoices, my soul is glad;
even my body shall rest in safety.
For you will not leave my soul among the dead,
nor let your beloved know decay.

Show us, Lord, the path of life.

You will show me the path of life,
the fullness of joy in your presence,
at your right hand happiness for ever.
Show us, Lord, the path of life.

Second reading - 1 Peter 1:17-21

Your ransom was paid in the precious blood of Christ

If you are acknowledging as your Father one who has no favourites and judges everyone according to what he has done, you must be scrupulously careful as long as you are living away from your home. Remember, the ransom that was paid to free you from the useless way of life your ancestors handed down was not paid in anything corruptible, neither in silver nor gold, but in the precious blood of a lamb without spot or stain, namely Christ; who, though known since before the world was made, has been revealed only in our time, the end of the ages, for your sake. Through him you now have faith in God, who raised him from the dead and gave him glory for that very reason – so that you would have faith and hope in God.

Word of the Lord.

Gospel Acclamation

Alleluia, alleluia!
Lord Jesus, explain the Scriptures to us.
Make our hearts burn within us as you talk to us.
Alleluia!

Gospel - Luke 24:13-35

They recognised him at the breaking of bread

Two of the disciples of Jesus were on their way to a village called Emmaus, seven miles from Jerusalem, and they were talking together about all that had happened. Now as they talked this over, Jesus himself came up and walked by their side; but something prevented them from recognising him. He said to them, ‘What matters are you discussing as you walk along?’ They stopped short, their faces downcast.

Then one of them, called Cleopas, answered him, ‘You must be the only person staying in Jerusalem who does not know the things that have been happening there these last few days.’ ‘What things?’ he asked. ‘All about Jesus of Nazareth’ they answered ‘who proved he was a great prophet by the things he said and did in the sight of God and of the whole people; and how our chief priests and our leaders handed him over to be sentenced to death, and had him crucified. Our own hope had been that he would be the one to set Israel free. And this is not all: two whole days have gone by since it all happened; and some women from our group have astounded us: they went to the tomb in the early morning, and when they did not find the body, they came back to tell us they had seen a vision of angels who declared he was alive. Some of our friends went to the tomb and found everything exactly as the women had reported, but of him they saw nothing.’

Then he said to them, ‘You foolish men! So slow to believe the full message of the prophets! Was it not ordained that the Christ should suffer and so enter into his glory?’ Then, starting

with Moses and going through all the prophets, he explained to them the passages throughout the scriptures that were about himself.

When they drew near to the village to which they were going, he made as if to go on; but they pressed him to stay with them. ‘It is nearly evening’ they said ‘and the day is almost over.’ So he went in to stay with them. Now while he was with them at table, he took the bread and said the blessing; then he broke it and handed it to them. And their eyes were opened and they recognised him; but he had vanished from their sight. Then they said to each other, ‘Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?’

They set out that instant and returned to Jerusalem. There they found the Eleven assembled together with their companions, who said to them, ‘Yes, it is true. The Lord has risen and has appeared to Simon.’ Then they told their story of what had happened on the road and how they had recognised him at the breaking of bread.

Gospel of the Lord.

Offertory Hymn

I danced in the morning when the world was begun,
and I danced in the moon and the stars and the sun,
and I came down from heaven and I danced on the earth -
at Bethlehem I had my birth.



*Dance, then, wherever you may be,
I am the Lord of the Dance, said he,
And I'll lead you all, wherever you may be,
and I'll lead you all in the dance, said he.*

I danced for the scribe and the pharisee,
but they would not dance and they wouldn't follow me,
I danced for the fishermen, for James and John -
they came with me and the dance went on.

I danced on the Sabbath and I cured the lame;
the holy people said it was a shame.
They whipped and they stripped and they hung me on high,
and they left me there on a Cross to die.

I danced on a Friday when the sky turned black -
It's hard to dance with the devil on your back.
They buried my body and they thought I'd gone,
but I am the Dance and I still go on.

They cut me down and I leapt up high -
I am the life that'll never, never die.
I'll live in you if you'll live in me -
I am the Lord of the Dance, said he.



Communion Hymn

- 1 This is my body, broken for you,
bringing you wholeness, making you free.
Take it and eat it, and when you do,
do it in love for me.
- 2 This is my blood poured out for you,
bringing forgiveness, making you free.
Take it and drink it, and when you do,
do it in love for me.
- 3 Back to my Father soon I must go.
Do not forget me, soon you will see.
I am still with you, and you will know
you're very close to me.
- 4 Filled with the Spirit, how you will grow.
You are the branches, I am the tree.
If you are faithful, others will know
you are alive in me.
- 5 Love one another—I have loved you,
and I have shown you how to be free;
serve one another, and when you do,
do it in love for me.



Act of spiritual communion.

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.



Final Hymn

- 1 This joyful Eastertide
away with sin and sorrow,
my love, the Crucified,
hath sprung to life this morrow:

*Had Christ, that once was slain,
ne'er burst his three - day prison,
our faith has been in vain:
but now hath Christ arisen.*

- 2 My flesh in hope shall rest,
and for a season slumber:
till trump from east to west
shall wake the dead in number.
- 3 Death's flood hath lost his chill,
since Jesus crossed the river:
lover of souls, from ill
my passing soul deliver.

