

## Parish of Our Lady of the Annunciation - King's Lynn

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**Saturday, 18th July 2020.**

### Deacon Shaun's Weekend Bulletin

Dear Friends,

I hope you are having a good Saturday.

This Sunday is the 16th Sunday in Ordinary Time.

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Details of the Live Streaming of Sunday Mass for you:

**From Our Lady's, London Road, King's Lynn at 6.00pm today and 11.30am tomorrow**

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

We are going to try live streaming the Mass at 6.00pm today and 11.30am tomorrow in the hope the broadband connection is stable/strong enough to enable the live stream on YouTube.

The YouTube link for **6.00pm** is <https://youtu.be/k9LgnEhGPPc>

The YouTube link for **11.30am** is <https://youtu.be/FWkNhdcKcj0>

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Also on Sunday 19th July 2020:

**The Cathedral of St. John the Baptist at 11.00am**

<http://www.sjbcathedral.org.uk/>

The Youtube link is: <https://youtu.be/0HGcnp9bduw>

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**Catholic National Shrine and Basilica of Our Lady-Walsingham at 9.30am & 12.00 noon**

<https://www.walsingham.org.uk/live-stream/>

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**Westminster Cathedral at 10.30am**

<https://www.churchservices.tv/westminster>

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Mass readings are daily uploaded on the parish website:

<http://www.catholicparish-kingslynn.org.uk/>

The parish newsletter for the week can also be found on the website.

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#### **Words for an act of spiritual communion.**

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

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This week is the 16th week of the Year and Psalter Week 4 for the Divine Office.

**Monday 20th** is a Feria and the Optional Memorial of St. Apollinaris, Bishop and Martyr

**Saint Apollinaris, Bishop, Martyr**

He was Bishop of Ravenna, probably in the late second century, and was probably martyred there. Devotion to him was already common in the seventh century.

(Source <https://universalis.com/europe.english.eastanglia/20200720/today.htm>)

**From the weekday Missal:**

*Appollinaris was the first Bishop of Ravenna in the time of the Emperor Claudius. Frequently exiled, imprisoned and tortured for the faith, he was finally martyred at Classis, a suburb of Ravenna, in the reign of Vespasian.*

**Tuesday 21st** is a Feria and the Optional Memorial of St. Laurence of Brindisi, Priest and Doctor of the Church

**St Laurence of Brindisi (1559 - 1619)**

He was born in Brindisi, joined the Capuchin Friars, and studied at the University of Padua, where he learned a number of languages (including Latin, Greek, Hebrew, Syriac, French, and German) and acquired a deep knowledge of the Bible.

His principal vocation was preaching. He preached all over Europe, not just to Catholics but to Protestants (because of his knowledge of Scripture) and to Jews (because of his knowledge of Hebrew). He wrote many sermons, commentaries, and works of controversy in support of this vocation.

His administrative talents meant that he also held a number of high administrative offices in the Capuchin order. He was also entrusted with many important diplomatic missions. On one of these, he not only persuaded the German princes to help defend Hungary from the invading Turks, but also led their troops into battle, armed only with a crucifix. He was engaged in another delicate mission, to plead the cause of the oppressed people of Naples to King Philip III of Spain, when he died in Lisbon.

For Laurence of Brindisi, preaching was the most important task of his life; but he took care to ensure that his preaching was backed by sound learning, so that he could preach to and not at his audiences. Let us take care that our own apostolate is similarly well founded.

(Source <https://universalis.com/europe.english.eastanglia/20200721/today.htm>)

## **Wednesday 22nd is a Feast Day of St. Mary Magdalene.**

### **St Mary Magdalene**

Mary of Magdala was healed of “seven devils” by Jesus. She ministered to him in Galilee and was present at his crucifixion. She was in the group of women who were the first to discover the empty tomb, and it was to her that the risen Jesus first appeared.

The Western tradition is that Mary Magdalene is also “the woman who was a sinner” and the sister of Martha and Lazarus of Bethany. There is no evidence either way, and the tradition is tenuous enough for even such authorities as St Ambrose to hold, with the East, that they are three different people. It seems, therefore, that although the Western tradition is to be respected and is a real inspiration, it may not necessarily be historical. This kind of ambiguity is inevitable in a religion such as Christianity, which is founded on definite historical events rather than myths which can be adjusted into logicality. We need not worry about it too much: if it had been harmful to us to celebrate the tradition of heroic penitence, the Holy Spirit would not have allowed it.

Even without the extra tradition, Mary Magdalene is a unique and important character in the story of the Resurrection, chosen by Christ as one of the first witnesses of the event that changed the world.

(Source <https://universalis.com/europe.english.eastanglia/20200722/today.htm>)

### **From the weekday Missal:**

*Mark 16:9 tells us that Mary was the first to whom the Risen Christ appeared. She was one of his disciples, accompanied him on his journeys through the villages preaching (Luke 8:3), and stood by the cross.*

For today it would be good to read and reflect on the Gospel according to John and the reading from the office of Readings:

### **A reading from the holy Gospel according to John 20:1-2. 11-18**

It was very early on the first day of the week and still dark, when Mary of Magdala came to the tomb. She saw that the stone had been moved away from the tomb and came running to Simon Peter and the other disciple, the one Jesus loved. ‘They have taken the Lord out of the tomb’ she said ‘and we don’t know where they have put him.’

Meanwhile Mary stayed outside near the tomb, weeping. Then, still weeping, she stooped to look inside, and saw two angels in white sitting where the body of Jesus had been, one at the head, the other at the feet. They said, ‘Woman, why are you weeping?’ ‘They have taken my Lord away’ she replied ‘and I don’t know where they have put him.’ As she said this she turned round and saw Jesus standing there, though she did not recognise him. Jesus said, ‘Woman, why are you weeping? Who are you looking for?’ Supposing him to be the gardener, she said, ‘Sir, if you have taken him away, tell me where you have put him, and I will go and remove him.’ Jesus said, ‘Mary!’ She knew him then and said to him in Hebrew, ‘Rabbuni!’ – which means Master. Jesus said to her, ‘Do not cling to me, because I have not yet ascended to the Father. But go and find the brothers, and tell them: I am ascending to my Father and your Father, to my God and your God.’ So Mary of Magdala went and told the disciples that she

had seen the Lord and that he had said these things to her.

**A reading from the homilies of Pope St Gregory the Great on the Gospels:**

When Mary Magdalene came to the tomb and did not find the Lord's body, she thought it had been taken away and so informed the disciples. After they came and saw the tomb, they too believed what Mary had told them. The text then says: The disciples went back home, and it adds: but Mary wept and remained standing outside the tomb.

We should reflect on Mary's attitude and the great love she felt for Christ; for though the disciples had left the tomb, she remained. She was still seeking the one she had not found, and while she sought she wept; burning with the fire of love, she longed for him who she thought had been taken away. And so it happened that the woman who stayed behind to seek Christ was the only one to see him. For perseverance is essential to any good deed, as the voice of truth tells us: Whoever perseveres to the end will be saved.

At first she sought but did not find, but when she persevered it happened that she found what she was looking for. When our desires are not satisfied, they grow stronger, and becoming stronger they take hold of their object. Holy desires likewise grow with anticipation, and if they do not grow they are not really desires. Anyone who succeeds in attaining the truth has burned with such a great love. As David says: My soul has thirsted for the living God; when shall I come and appear before the face of God? And so also in the Song of Songs the Church says: I was wounded by love; and again: My soul is melted with love.

Woman, why are you weeping? Whom do you seek? She is asked why she is sorrowing so that her desire might be strengthened; for when she mentions whom she is seeking, her love is kindled all the more ardently.

Jesus says to her: Mary. Jesus is not recognised when he calls her "woman"; so he calls her by name, as though he were saying: Recognise me as I recognise you; for I do not know you as I know others; I know you as yourself. And so Mary, once addressed by name, recognises who is speaking. She immediately calls him rabboni, that is to say, teacher, because the one whom she sought outwardly was the one who inwardly taught her to keep on searching.

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I wish you a lovely Sunday.

With my love, thoughts and prayers,

God bless

Shaun

**Deacon Shaun Morrison**

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