

## Parish of Our Lady of the Annunciation - King's Lynn

Church of Our Lady of the Annunciation  
London Road,  
King's Lynn. PE30 5HQ

The Catholic Rectory,  
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King's Lynn, Norfolk, PE30 5HQ  
Tel : (01553) 772220 Email : parishpriest763@gmail.com  
[www.catholicparish-kingslynn.org.uk](http://www.catholicparish-kingslynn.org.uk)

Holy Family Church  
Field Lane, Gaywood,  
King's Lynn. PE30 4AY

**Sunday, 24th May 2020.**

Dear Friends,

Today we have the joy of celebrating the Seventh Sunday of Easter, and I wish you a happy Sunday, sending you my love, thoughts and prayers.

Today is also World Communications Day. (54th World Communications Day)

The Message of His Holiness Pope Francis for World Communications Day is attached for you plus a poster prepared for today which has the following prayer on it:

*O Mary, woman and mother, you wove the divine Word in your womb, you recounted by your life the magnificent works of God. Listen to our stories, hold them in your heart and make your own the stories that no one wants to hear. Teach us to recognise the good thread that runs through history. Look at the tangled knots in our life that paralyse our memory. By your gentle hands, every knot can be untied. Woman of the Spirit, mother of trust, inspire us too. Help us build stories of peace, stories that point to the future. And show us the way to live them together. Amen.*

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**The Entrance Antiphon** for Mass today is:

*O Lord, hear my voice, for I have called to you; of you my heart has spoken: seek his face; hide not your face from me, alleluia.*

The readings at Mass are:

1<sup>st</sup> Reading-A reading from the Acts of the Apostles 1: 12-14

Responsorial Psalm: I am sure I shall see the Lord's goodness in the land of the living.

2<sup>nd</sup> Reading-A reading from the first letter of St Peter 4: 13-16

A Reading from the holy Gospel according to John 17: 1-11

The readings are attached for you and published on the parish website.

<http://www.catholicparish-kingslynn.org.uk/>

Also attached for you are the Hymns for the live stream at Mass at 11.30am.

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### **The act of spiritual communion.**

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.

Live Streaming of Sunday Masses:

**From Our Lady's, London Road, King's Lynn at 11.30am**

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

Youtube link is:

<https://youtu.be/ywjmqtfwmHs>

**The Cathedral of St. John the Baptist at 10.00am**

<http://www.sjbcathedral.org.uk/>

Youtube link is:

<https://youtu.be/ym9feWO1-1E>

**Catholic National Shrine and Basilica of Our Lady-Walsingham**

<https://www.walsingham.org.uk/live-stream/>

Morning timetable:

08.30 – Morning Prayer

09.30 – Holy Mass

10.30 – Talk

11.00 – Rosary

12.00 – Angelus and Holy Mass

Followed by Adoration until 3.00pm

**Westminster Cathedral at 10.30am**

<https://www.churchservices.tv/westminster>

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### **From the Walk with Me-A Eastertide journey of prayer booklet:**

The Psalmist prayed: 'How good and pleasant it is when God's people live together in unity!' (Psalm 133:1). Jesus prayed that his disciples would be one and brought to complete unity as he and the Father are one: 'I in them and you in me, that they may become perfectly one, so that the world may know that you sent me and love them even as you loved me' (John 17:23). Unity and peace are gifts of the Holy Spirit. As we prepare for the feast of Pentecost, we pray for an outpouring of the gifts of peace and unity, in our lives, in our homes, in our parishes and in the Church. We receive the gift of unity on our knees in prayer.

*Lord, where there is division, let me bring unity, where there is hatred, let me bring love, and where there are wounds, let me bring healing.*

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### **From the Sunday Missal for today:**

*In his farewell discourses to the disciples, Jesus stressed the importance of his "return to the Father", the culmination of his whole mission: indeed, he came into the world to bring man back to God, not on the ideal level-like a philosopher or a master of wisdom-but really, like a shepherd who wants to lead his sheep back to the fold. It was for our sake, that he came from Heaven and for our sake that he ascended to it, after making himself in all things like men, humbling himself even to death on a cross and after having touched the abyss of the greatest distance from God. For this very reason the Father was pleased with him and "highly exalted"*

*him (Ph 2:-9), restoring to him the fullness of his glory, but now with our humanity. God in man-man in God: this is even now a reality, not a theoretical truth.*

(Pope Benedict XVI)

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Day Three for the Pentecost Novena from the Catholic Bishops Conference of England and Wales can be listened to by clicking into the following link:

[Pentecost Novena - DAY THREE by Catholic Church](#)

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Best wishes and prayers from Fr Peter, Fr Gordon, Deacon John and Deacon Martin.

God bless,

Shaun

**Deacon Shaun Morrison**

**07880 600094**

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**Parish of Our Lady of the Annunciation,  
King's Lynn**

Hymns for the Seventh Sunday of Easter

**Entrance Hymn**

Lord, enthroned in heavenly splendour,  
first begotten from the dead,  
thou alone, our strong defender,  
liftest up thy people's head.  
Alleluia, alleluia,  
Jesus, true and living bread!

Paschal Lamb! Thine offering finished  
once for all when thou wast slain.  
In its fullness undiminished  
shall for evermore remain,  
Alleluia, alleluia,  
cleansing souls from every stain.

Life imparting heavenly manna,  
stricken rock, with streaming side,  
heaven and earth with loud hosanna  
worship thee, the Lamb who died;  
Alleluia, alleluia,  
risen, ascended, glorified!

**Offertory Hymn**

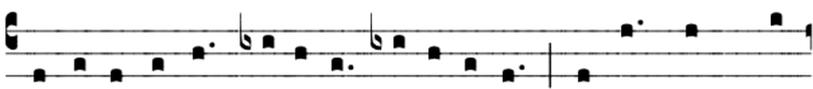
Thine be the glory, risen conquering Son,  
endless is the victory thou o'er death hast won;  
angels in bright raiment rolled the stone away,  
kept the folded grave-clothes, where thy body lay.  
*Thine be the glory, risen conquering Son,  
Endless is the victory thou o'er death hast won.*

Lo, Jesus meets us risen from the tomb;  
lovingly he greets us, scatters fear and gloom;  
let the Church with gladness hymns of triumph sing,  
for her Lord is living, death has lost its sting.  
*Thine be the glory, risen conquering Son,  
Endless is the victory thou o'er death hast won.*

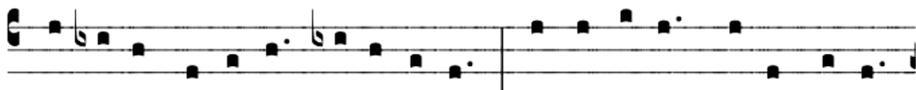
No more we doubt thee, glorious Prince of life;  
life is nought without thee; aid us in our strife;  
make us more than conquerors in thy deathless love;  
bring us safe through Jordan to the home above.  
*Thine be the glory, risen conquering Son,  
Endless is the victory thou o'er death hast won.*

## After the Dismissal

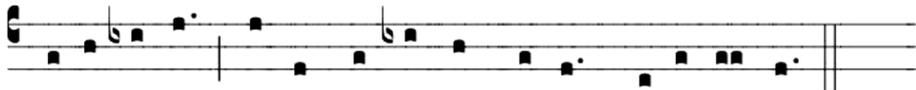
VI



**R** E-gína cæ-li \* lætá-re, alle-lú-ia: Qui- a quem me-



ru- ísti portá-re, alle-lú-ia: Re-surré-xit, sic-ut di-xit,



alle-lú-ia: O-ra pro no-bis De- um, alle-lú- ia.



# World Communications Day

The Catholic Church celebrates World Communications Day on 24 May when we pray for those who work in the media

# 2020

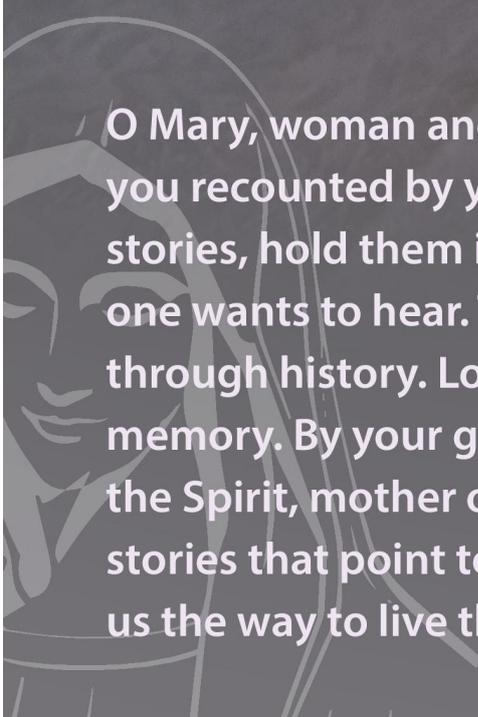


**[Pray for] those who work in the media who work to communicate today so that people are not so isolated... who help us to bear this time of isolation**

**Pope Francis**  
during COVID-19  
pandemic

O Mary, woman and mother, you wove the divine Word in your womb, you recounted by your life the magnificent works of God. Listen to our stories, hold them in your heart and make your own the stories that no one wants to hear. Teach us to recognise the good thread that runs through history. Look at the tangled knots in our life that paralyse our memory. By your gentle hands, every knot can be untied. Woman of the Spirit, mother of trust, inspire us too. Help us build stories of peace, stories that point to the future. And show us the way to live them together.

**Prayer**



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**Sunday, 24th May 2020.**

### Daily Mass Readings Seventh Sunday of Easter

#### **First reading - Acts 1:12-14**

#### **The apostles all joined in continuous prayer**

After Jesus was taken up into heaven the apostles went back from the Mount of Olives, as it is called, to Jerusalem, a short distance away, no more than a sabbath walk; and when they reached the city they went to the upper room where they were staying; there were Peter and John, James and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus and Simon the Zealot, and Jude son of James. All these joined in continuous prayer, together with several women, including Mary the mother of Jesus, and with his brothers.

*The Word of the Lord.*

#### **Responsorial Psalm - Psalm 26(27):1, 4, 7-8**

*I am sure I shall see the Lord's goodness in the land of the living.*

The Lord is my light and my help;

whom shall I fear?

The Lord is the stronghold of my life;

before whom shall I shrink?

*I am sure I shall see the Lord's goodness in the land of the living.*

There is one thing I ask of the Lord,

for this I long,

to live in the house of the Lord,

all the days of my life,

to savour the sweetness of the Lord,

to behold his temple.

*I am sure I shall see the Lord's goodness in the land of the living.*

O Lord, hear my voice when I call;

have mercy and answer.

Of you my heart has spoken:

'Seek his face.'

*I am sure I shall see the Lord's goodness in the land of the living.*

## **Second reading - 1 Peter 4:13-16**

### **It is a blessing for you when they insult you for bearing the name of Christ**

If you can have some share in the sufferings of Christ, be glad, because you will enjoy a much greater gladness when his glory is revealed. It is a blessing for you when they insult you for bearing the name of Christ, because it means that you have the Spirit of glory, the Spirit of God resting on you. None of you should ever deserve to suffer for being a murderer, a thief, a criminal or an informer; but if anyone of you should suffer for being a Christian, then he is not to be ashamed of it; he should thank God that he has been called one.

*The Word of the Lord.*

### **Gospel Acclamation**

Alleluia, alleluia!

I will not leave you orphans, says the Lord;

I will come back to you,

and your hearts will be full of joy.

Alleluia!

### **Gospel - John 17:1-11**

#### **Father, it is time for you to glorify me**

Jesus raised his eyes to heaven and said:

‘Father, the hour has come:

glorify your Son

so that your Son may glorify you;

and, through the power over all mankind that you have given him,

let him give eternal life to all those you have entrusted to him.

And eternal life is this:

to know you,

the only true God,

and Jesus Christ whom you have sent.

I have glorified you on earth

and finished the work that you gave me to do.

Now, Father, it is time for you to glorify me

with that glory I had with you

before ever the world was.

I have made your name known

to the men you took from the world to give me.

They were yours and you gave them to me,  
and they have kept your word.

Now at last they know  
that all you have given me comes indeed from you;  
for I have given them the teaching you gave to me,  
and they have truly accepted this, that I came from you,  
and have believed that it was you who sent me.

I pray for them;

I am not praying for the world  
but for those you have given me,  
because they belong to you:

all I have is yours  
and all you have is mine,  
and in them I am glorified.

I am not in the world any longer,  
but they are in the world,  
and I am coming to you.'

*The Gospel of the Lord.*