

## Parish of Our Lady of the Annunciation - King's Lynn

Church of Our Lady of the Annunciation  
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Holy Family Church  
Field Lane, Gaywood,  
King's Lynn. PE30 4AY

**Saturday, 18th April 2020.**

### Easter Saturday in the Octave of Easter

Good morning,

A wet start to the day, the dogs do not enjoy walking in the rain, but they do because it means breakfast when they arrive home and tails start wagging in anticipation once through the front door.

Today is Easter Saturday and not last Saturday, like many in the media thought it was - last Saturday was Holy Saturday. Today we continue to celebrate the joy of Easter in the best way we can.

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The Entrance Antiphon for today at Mass:

*The Lord brought out his people with joy, his chosen ones with shouts of rejoicing, alleluia.*

Readings at Mass today are:

The Acts of the Apostles 4: 13-21

Responsorial Psalm: I will thank you, Lord, for you have given answer.

The Gospel according to Mark 16: 9-15

As usual the readings are attached for you and published on the parish website.

<http://www.catholicparish-kingslynn.org.uk/>

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From Walk with Me - An Eastertide journey of prayer booklet:

St Paul and Barnabas evoked envy and jealousy following their success in converting the entire town of Antioch in Pisidia. What did they do in the face of the 'green-eyed monster'? Did they cave in? Were they intimidated? Did they make a run for it? Far from it, they faced up to their opposition. It was a turning point because it became the springboard from which they began their mission to the Gentiles. Suffering and persecution, in one form or another, are part and parcel of being a Christian. Our prayer and hope is that, like the apostles, in the midst of trial and tribulation, we too will know the joy and comfort of the Holy Spirit.

*Lord, teach me to bless if I am cursed, to be quick to forgive, slow to anger and eager to demolish dividing walls and build bridges instead.*

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I have been reading the Apostolic Exhortation *Evangelii Gaudium* by Pope Francis. (The Joy of the Gospel)

[http://www.vatican.va/content/francesco/en/apost\\_exhortations/documents/papa-francesco\\_esortazione-ap\\_20131124\\_evangelii-gaudium.html](http://www.vatican.va/content/francesco/en/apost_exhortations/documents/papa-francesco_esortazione-ap_20131124_evangelii-gaudium.html)

In the exhortation I came across this paragraph on Mary which I thought I would share with you:

Mary was able to turn a stable into a home for Jesus, with poor swaddling clothes and an abundance of love. She is the handmaid of the Father who sings his praises. **She is the friend who is ever concerned that wine not be lacking in our lives.** She is the woman whose heart was pierced by a sword and **who understands all our pain.** As mother of all, **she is a sign of hope for peoples suffering** the birth pangs of justice. She is the missionary who draws near to us and accompanies us throughout life, opening our hearts to faith by her maternal love. As a true mother, she walks at our side, **she shares our struggles and she constantly surrounds us with God's love.** Through her many titles, often linked to her shrines, Mary shares the history of each people which has received the Gospel and she becomes a part of their historic identity. Many Christian parents ask that their children be baptized in a Marian shrine, as a sign of their faith in her motherhood which brings forth new children for God. There, in these many shrines, we can see how Mary brings together her children who with great effort come as pilgrims to see her and to be seen by her. Here they find strength from God to bear the weariness and the suffering in their lives. As she did with Juan Diego, Mary offers them maternal comfort and love, and whispers in their ear: "Let your heart not be troubled... Am I not here, who am your Mother?"

*Evangelii Gaudium* ends with this prayer which I think is beautiful:

*Mary, Virgin and Mother,  
you who, moved by the Holy Spirit,  
welcomed the word of life  
in the depths of your humble faith:  
as you gave yourself completely to the Eternal One,  
help us to say our own "yes"  
to the urgent call, as pressing as ever,  
to proclaim the good news of Jesus.*

*Filled with Christ's presence,  
you brought joy to John the Baptist,  
making him exult in the womb of his mother.  
Brimming over with joy,  
you sang of the great things done by God.  
Standing at the foot of the cross  
with unyielding faith,  
you received the joyful comfort of the resurrection,  
and joined the disciples in awaiting the Spirit  
so that the evangelizing Church might be born.*

*Obtain for us now a new ardour born of the resurrection,  
that we may bring to all the Gospel of life  
which triumphs over death.*

*Give us a holy courage to seek new paths,  
that the gift of unfading beauty  
may reach every man and woman.*

*Virgin of listening and contemplation,  
Mother of love, Bride of the eternal wedding feast,  
pray for the Church, whose pure icon you are,  
that she may never be closed in on herself  
or lose her passion for establishing God's kingdom.*

*Star of the new evangelization,  
help us to bear radiant witness to communion,  
service, ardent and generous faith,  
justice and love of the poor,  
that the joy of the Gospel  
may reach to the ends of the earth,  
illuminating even the fringes of our world.*

*Mother of the living Gospel,  
wellspring of happiness for God's little ones,  
pray for us.*

*Amen. Alleluia!*

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Parish News:

Pauline McSherry sent me this photograph to share with you.



The words inside the card read "we are here to help each other walk the mile and bear the load"

Words from Pauline-Linda is a past pupil. Now dear Linda is here to help me. God is good-Linda brings (with my shopping & a few extra treats) arms full of joy, sunshine and love with a warm smile.

## **Weekly Mass for the sick and their families, the front-line workers in the NHS and Social Care**

One of the Bishops of England Wales will celebrate a Mass every Thursday at 7.00pm in his Cathedral for the sick and their families, the front-line workers in the NHS and Social Care. This weekly Mass will be live streamed.

The Catholic Bishops of England and Wales recognise that this time of the COVID-19 pandemic is affecting every person in our countries. Those who are sick, and their families, are suffering many hardships of isolation from contact with those they love. Our front-line workers in hospitals and in care homes all over our lands are giving exceptional service to those who are vulnerable at this time. In order to show a spiritual solidarity with all those who are involved in the ways described above, each week from next Thursday, a Catholic Bishop will celebrate Mass in their Cathedral which will be live-streamed for people to join. This will take place every Thursday at 7.00pm.

The dates are:

<b>23rd April</b>	Cardinal Vincent Nichols Westminster Cathedral
<b>30th April</b>	Bishop Richard Moth Arundel Cathedral
<b>7th May</b>	Bishop Marcus Stock Leeds Cathedral
<b>14th May</b>	Bishop Robert Byrne CO Newcastle Cathedral
<b>21st May</b>	Bishop Mark Davies Shrewsbury Cathedral
<b>28th May</b>	Bishop Terence Drainey Middlesbrough Cathedral

By visiting the Cathedral webpage, or the Bishops' Conference Webpage links for the live-streaming of these Masses can be found.

<https://www.cbcew.org.uk/home/our-work/health-social-care/coronavirus-guidelines/masses-for-the-sick-and-their-families-nhs-front-line-workers-and-those-working-in-social-care/>

I will send a link each Thursday morning to the relevant Cathedral.

Live Streaming from the Catholic National Shrine and Basilica of Our Lady-Walsingham:

**In addition** to the regular programme there will be the following:

Monsignor John Armitage will lead an Eight Day Retreat. This will start after Compline at 8.00pm on Sunday 19th April and finish on Sunday 26th April.

Details of the retreat programme are given on the Shrine website: [www.walsingham.org.uk](http://www.walsingham.org.uk)

The Shrine is very grateful to Father Stephen Wang for allowing us to use his Sycamore Program. We shall be showing the 20 half hour videos, starting on Monday 27th April. They will be shown at 10.30am and 4.00pm each day.

I wish you a lovely Saturday.

With my prayers and thoughts,

Shaun

**Deacon Shaun Morrison**  
**07880 600094**

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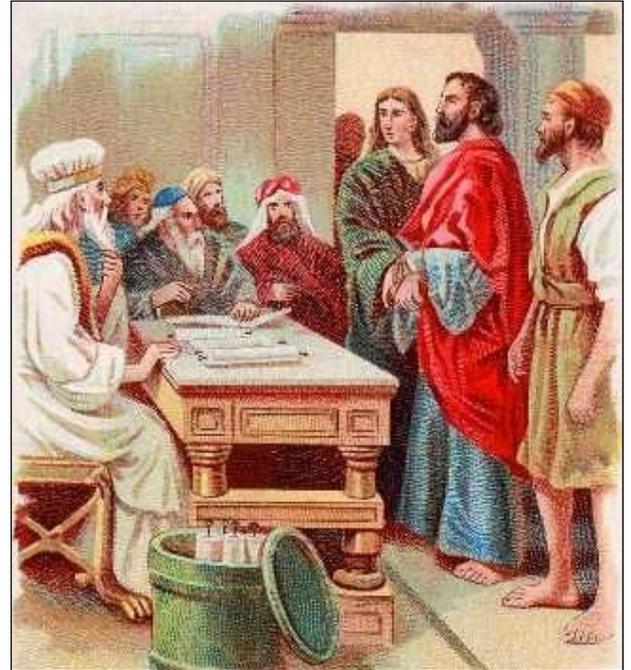
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## Easter Saturday in the Octave of Easter

### First reading - Acts 4:13-21

#### We cannot promise to stop proclaiming what we have seen and heard

The rulers, elders and scribes were astonished at the assurance shown by Peter and John, considering they were uneducated laymen; and they recognised them as associates of Jesus; but when they saw the man who had been cured standing by their side, they could find no answer. So they ordered them to stand outside while the Sanhedrin had a private discussion. 'What are we going to do with these men?' they asked. 'It is obvious to everybody in Jerusalem that a miracle has been worked through them in public, and we cannot deny it. But to stop the whole thing spreading any further among the people, let us caution them never to speak to anyone in this name again.'



So they called them in and gave them a warning on no account to make statements or to teach in the name of Jesus. But Peter and John retorted, 'You must judge whether in God's eyes it is right to listen to you and not to God. We cannot promise to stop proclaiming what we have seen and heard.' The court repeated the warnings and then released them; they could not think of any way to punish them, since all the people were giving glory to God for what had happened.

*Word of the Lord.*

### Responsorial Psalm - Psalm 117(118):1, 14-21

*I will thank you, Lord, for you have given answer.*

Give thanks to the Lord for he is good,  
for his love has no end.

The Lord is my strength and my song;  
he was my saviour.

There are shouts of joy and victory  
in the tents of the just.

*I will thank you, Lord, for you have given answer.*



The Lord's right hand has triumphed;  
his right hand raised me up.  
I shall not die, I shall live  
and recount his deeds.  
I was punished, I was punished by the Lord,  
but not doomed to die.

*I will thank you, Lord, for you have given answer.*

Open to me the gates of holiness;  
I will enter and give thanks.  
This is the Lord's own gate  
where the just may enter.  
I will thank you for you have answered  
and you are my saviour.

*I will thank you, Lord, for you have given answer.*

### **Victimae Paschali Laudes**

Christians, to the Paschal Victim  
offer sacrifice and praise.

The sheep are ransomed by the Lamb;  
and Christ, the undefiled,  
hath sinners to his Father reconciled.

Death with life contended:  
combat strangely ended!

Life's own Champion, slain,  
yet lives to reign.

Tell us, Mary:  
say what thou didst see  
upon the way.

The tomb the Living did enclose;  
I saw Christ's glory as he rose!

The angels there attesting;  
shroud with grave-clothes resting.

Christ, my hope, has risen:  
he goes before you into Galilee.

That Christ is truly risen  
from the dead we know.  
Victorious king, thy mercy show!

## Gospel Acclamation

Alleluia, alleluia!

This day was made by the Lord:  
we rejoice and are glad.

Alleluia!

## Gospel - Mark 16:9-15

### Go out to the whole world and proclaim the Good News

Having risen in the morning on the first day of the week, Jesus appeared first to Mary of Magdala from whom he had cast out seven devils. She then went to those who had been his companions, and who were mourning and in tears, and told them. But they did not believe her when they heard her say that he was alive and that she had seen him.

After this, he showed himself under another form to two of them as they were on their way into the country. These went back and told the others, who did not believe them either.

Lastly, he showed himself to the Eleven themselves while they were at table. He reproached them for their incredulity and obstinacy, because they had refused to believe those who had seen him after he had risen. And he said to them, 'Go out to the whole world; proclaim the Good News to all creation.'

*Gospel of the Lord.*

