

Parish of Our Lady of the Annunciation - King's Lynn

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Deacon Shaun's Daily Bulletin

Sunday, 29th November 2020

Dear Friends, Good morning to you.

As Advent begins, My prayers for you in your preparations for Christmas.

Father, you have given us the grace of looking forward to the coming of your Son. Send us your loving kindness. (From Morning Prayer)

From the Sunday Missal:

In Advent, Christians re-live a dual impulse of the Spirit: on the one hand, they raise their eyes towards the final destination of their pilgrimage through history, which is the glorious return of the Lord Jesus; on the other, remembering with emotion his birth in Bethlehem, they kneel before the crib. The hope of Christians is turned to the future but remains firmly rooted in an event of the past. In the fullness of time, the Son of God was born of the Virgin Mary: "Born of a woman, born under the law", as the Apostle Paul writes (Ga 4:4). We might say that Advent is the season in which Christians must rekindle in their hearts the hope that they will be able with God's help to renew the world. **(Pope Benedict XVI)**

Details of the Live Streaming of Mass being live streamed today:

From Our Lady's, London Road, King's Lynn at 11.30am

The YouTube link is:

https://youtu.be/o3xr5qE_36g

The Cathedral of St. John the Baptist at 10.00am : <http://www.sjbcathedral.org.uk/>

The Youtube link is: <https://youtu.be/xGqV3kHG82I>

Catholic National Shrine and Basilica of Our Lady-Walsingham at 9.30am & 12.00 moon

<https://www.walsingham.org.uk/live-stream/>

Westminster Cathedral at 10.30am & 5.30pm

<https://www.churchservices.tv/westminster>

And this afternoon at 4pm , Vespers and Benediction will be live streamed from Our Lady's.

The Youtube link is: <https://youtu.be/pvi01vGXmjY>

Words for an act of spiritual communion.

My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.
Amen.

This week is the 1st Week of Advent and Psalter Week 1 for the Divine Office.

As Fr Gordon mentioned in his email yesterday today the liturgical cycle begins anew. The Sunday readings are taken from year B and the weekday readings from year 1.

From the Office of Readings for today:

A reading from the Catecheses of St Cyril of Jerusalem:

The twofold coming of Christ

We do not preach only one coming of Christ, but a second as well, much more glorious than the first. The first coming was marked by patience; the second will bring the crown of a divine kingdom.

In general, whatever relates to our Lord Jesus Christ has two aspects. There is a birth from God before the ages, and a birth from a virgin at the fullness of time. There is a hidden coming, like that of rain on fleece, and a coming before all eyes, still in the future.

At the first coming he was wrapped in swaddling clothes in a manger. At his second coming he will be clothed in light as in a garment. In the first coming he endured the cross, despising the shame; in the second coming he will be in glory, escorted by an army of angels.

We look then beyond the first coming and await the second. At the first coming we said: Blessed is he who comes in the name of the Lord. At the second we shall say it again; we shall go out with the angels to meet the Lord and cry out in adoration: Blessed is he who comes in the name of the Lord.

The Saviour will not come to be judged again, but to judge those by whom he was judged. At his own judgement he was silent; then he will address those who committed the outrages against him when they crucified him and will remind them: You did these things, and I was silent.

His first coming was to fulfil his plan of love, to teach men by gentle persuasion. This time, whether men like it or not, they will be subjects of his kingdom by necessity.

The prophet Malachi speaks of the two comings. And the Lord whom you seek will come suddenly to his temple: that is one coming.

Again he says of another coming: Look, the Lord almighty will come, and who will endure the

day of his entry, or who will stand in his sight? Because he comes like a refiner's fire, a fuller's herb, and he will sit refining and cleansing.

These two comings are also referred to by Paul in writing to Titus: The grace of God the Saviour has appeared to all men, instructing us to put aside impiety and worldly desires and live temperately, uprightly, and religiously in this present age, waiting for the joyful hope, the appearance of the glory of our great God and Saviour, Jesus Christ. Notice how he speaks of a first coming for which he gives thanks, and a second, the one we still await.

That is why the faith we profess has been handed on to you in these words: He ascended into heaven, and is seated at the right hand of the Father, and he will come again in glory to judge the living and the dead, and his kingdom will have no end.

Our Lord Jesus Christ will therefore come from heaven. He will come at the end of the world, in glory, on the last day. For there will be an end to this world, and the created world will be made new.

With my love, thoughts and prayers,

God bless

Shaun

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